



نقدم بثقة
Moving Forward
with Confidence

رؤية عمان
2040
Oman Vision

English for Me

مدونة
سلطنة عمان
التعليمية



2021

MINISTRY OF EDUCATION, SULTANATE OF OMAN





**His Majesty
Sultan Haitham Bin Tarik**



**The Late Sultan,
Qaboos Bin Said**



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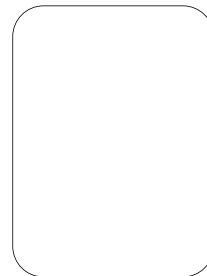
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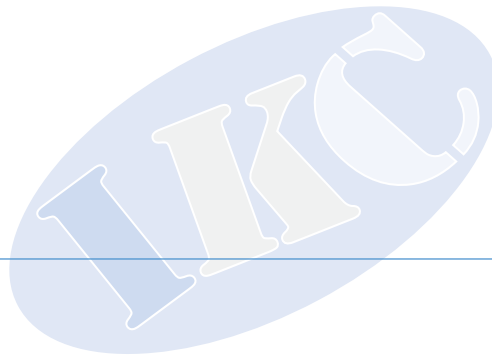
سلطنة عمان
التعليمية



Membership Card



Name: _____



UNIT

1

Creative crafts

1 Write questions and answers.

Look at these pictures of arts and crafts from different countries. Write questions and answers about each one. Use the words in the frieze to help you.



1. What is it?

It's a

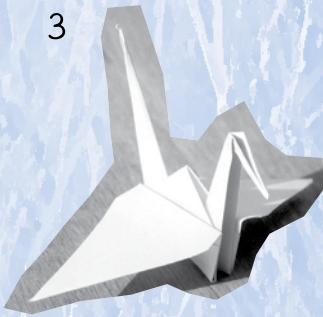
2



2. What are they?

They're

3



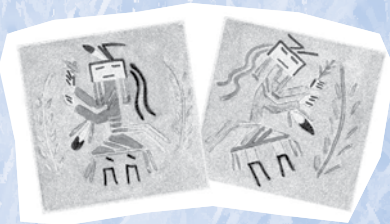
3. What

4



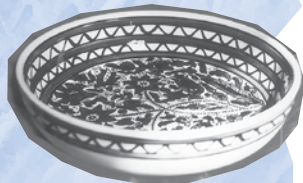
4.

5



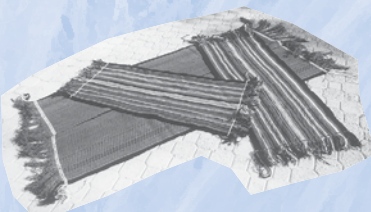
5.

6



6.

7



7.

Complete the chart below using the information from the IKC membership cards.

[illegible]

What's his name?

What's
her name?

How old
is he?

How old
is she?

Where's he from?

Where's she from?

2 Think and write.

Who do you think sent these pictures to Ahmed? Write their names under the pictures.



3 Think and match.

Draw a line from the question to the correct answer.

1. What's your name?
2. How old are you?
3. Where are you from?

- I'm from Oman.
- My name's Maha.
- I'm 12.

4 Do a role play.

Imagine that you are the children on the IKC membership cards. Ask and answer questions about each other.

1

Read and answer.

Look at these pictures and answer these questions. Use the information on pages 4 and 5 of your Classbook to help you.



1. What is it?

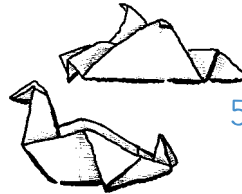
It's a necklace.



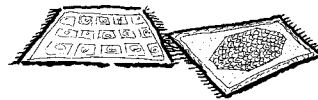
2. Where's it from?



4. What are they?



5. Where are they from?



3. What's it made of?

6. What are they made of?

2

Play a game.

It's from Iran and it's made of wool.

It's a rug.

Yes.

They're from Russia. They're made of wood.

Matryoshka dolls.

Yes.

1 Read and think.

The verb **to be** is a main verb or sometimes a helping verb.

As a main verb we use it to do many things. Here are some of the things we use it for:

1. To identify ourselves

Hello, I am Robby.

2. To say where we come from

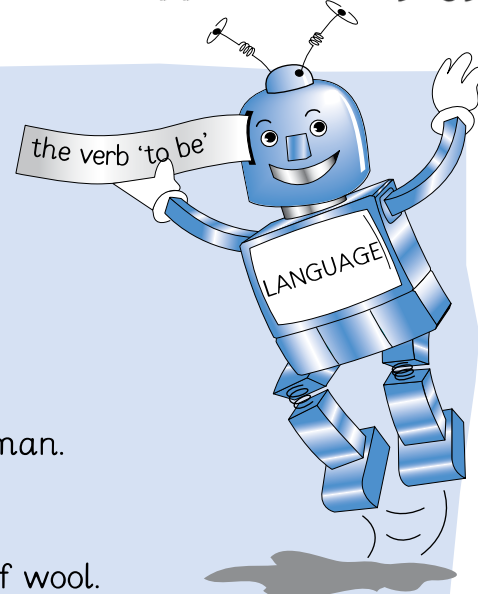
Maha is from Oman.

3. To say how old we are

Ahmed is 12.

4. To describe a state or condition

Rugs are made of wool.



2 Think and write.

Draw your face in box 1 and draw yourself and a friend in box 5. Now write sentences about where the people and objects are from.

1		I'm from
2		
3		
4		
5		
6		

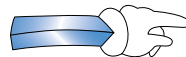
3 Read and match.

Look at the verb **to be** in the 2 boxes below. Match a verb in the first column to a verb in the second column.

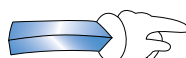
I'm
he's
she's
it's
we're
they're

he is
we are
I am
they are
she is
it is

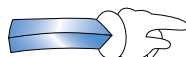
4 Write the rules.



We use **am** with _____.



We use **is** with _____,
_____ and _____.



We use **are** with _____
and _____.

1 Listen and tick.

Sometimes it is easy to confuse the sound of the letter 'p' with the sound of the letter 'b'. Listen to these 2 words on the tape. Tick the words you hear.


☐

Ben

☐

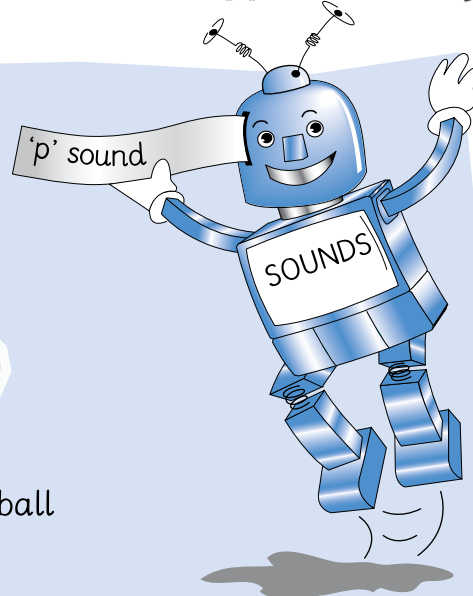
pen


☐

Paul


☐

ball



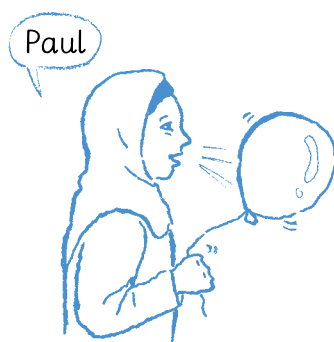
سلطنة عمان التعليمية

Now listen and repeat the words.

2 Do an experiment.

Hold a balloon or a piece of paper in front of your mouth. Say the word **Paul**. What happens?

Now say the word **ball**. Does the same thing happen?



Now try and say this tongue twister.

Penny's got a pink pencil, a purple pen and a piece of paper in her patterned pocket.



3 Say the tongue twister.

Try and say this tongue twister getting faster and faster. This is a traditional English tongue twister that English people have fun trying to get their tongues around!



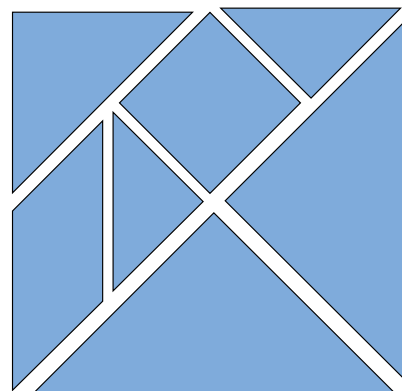
Peter Piper picked a piece of pickled pepper.
A piece of pickled pepper Peter Piper picked.

1 Make tangram pictures.

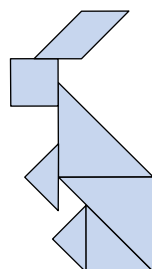
You can arrange the 7 pieces of the tangram square into lots of different shapes and make pictures of animals, people and objects. See how many different pictures you can make with the shapes.

Use the tangram square on cut-out page B on page 73 at the back of your Classbook to make pictures.

Show your tangram picture to a friend and see if they can guess what it is.



Is it a rabbit?



Yes, it is.



When you have made a picture you like, stick it on a piece of paper and write a sentence underneath the tangram picture saying what it is. Then put it in your portfolio.

2 Read and match.

Look at these descriptions of patterns. Read each description and match it to the correct adjective.

1. circles of colour
2. squares of different colours
3. parallel lines of colour
4. flower shapes
5. a pattern that looks like a line of the letter 'w' joined together

- a. striped
- b. zig zag
- c. checked
- d. spotted
- e. flowery

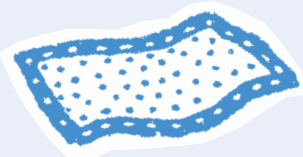
3 Think and label.

Look at the patterns in the pictures below. Use the adjectives in activity 2 to label the pictures.

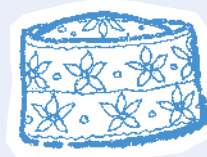
1



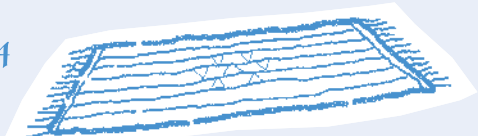
2



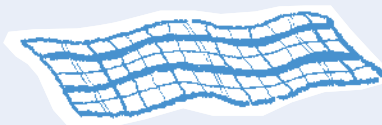
3



4



5



1

Read and think.

Punctuation helps to make our writing make sense. Without punctuation, what we write would just be a collection of words that made no sense.

Read this text.

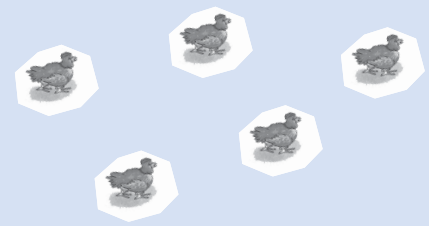
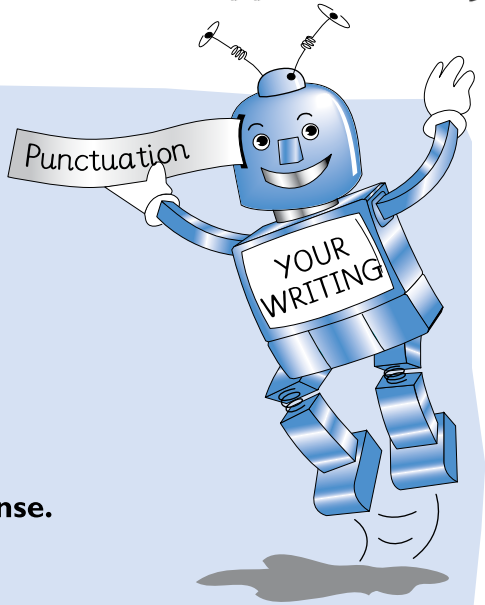


The fox ran around the farm chasing hens it was brown and the hens were white yesterday the fox stole the dates from the basket

It is very difficult to read and doesn't make much sense. Now read the text again, with the punctuation.

The fox ran around the farm, chasing hens. It was brown and the hens were white. Yesterday, the fox stole the dates from the basket.

It makes more sense with punctuation.



2

Read, think and draw.

Read the question and answer below. Look at the punctuation.

What's in Maha's pencil case? A pen, a pencil, a ruler and a book.



Draw a rectangle around the question mark.



Draw a triangle around the capital letters.



Draw a circle around the commas.



Draw a square around the full stop.

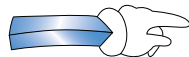
3

Read, think and correct.

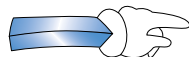
Read the questions and answers below. Add the punctuation.

what is it
it's a matryoshka doll
where's it from
russia

what's in maha's
jewellery box
a necklace a bracelet a pair
of earrings and an anklet



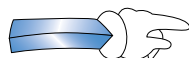
We use a _____ when we write a new sentence or when we write the name of a person, place or thing.



We use a _____ to show the end of a sentence.



We use a _____ to show a question.



We use a _____ to take a little rest in a sentence.

We use a _____ to separate all the things in a list.

We do not usually put a _____ before the word and.

1

Read and order.

Ben has sent Ahmed instructions about how to make a sand painting. Unfortunately his instructions have got mixed up. Can you put them in the correct order? You can find the instructions on cut-out page 81 at the back of this book. Put the instructions in the correct order and then stick them on this page.

Stick Instruction 1 here.

Stick Instruction 2 here.

Stick Instruction 3 here.

Stick Instruction 4 here.

Stick Instruction 5 here.

Now you have sequenced the instructions correctly, why don't you try and make a sand painting?

You can use this to decorate the front of your portfolio.

1 Read and think.

Can you remember the difference between different kinds of words in English? Do you have the same kinds of words in your language?

Nouns are naming words. They tell us the names of people, places, animals and things.



This is Ahmed.
Where's the necklace?

Underline the nouns in these sentences.

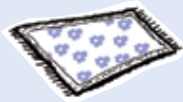
Verbs are doing or being words.



Cut the paper.
I am 12 years old.

Underline the verbs in these sentences.

Adjectives are describing words. They tell us more about the noun in a sentence.



I've got five small dolls.
There are three big blue and white flowery rugs.

Underline the adjectives in these sentences.

2 Look and sort.

Look at all these words from Unit 1. Sort them into nouns, verbs and adjectives.

cut pencil draw square stick striped put
paper scissors unfold doll colour rug zigzag
bird frog fold blue seven necklace pink big

Nouns



Verbs



Adjectives



3 Think and complete the rules.

A _____ is a word that names someone or something.

A _____ is a doing or being word.

An _____ is a word that describes the noun in a sentence.

1 Look and match.

How do you remember words in English? Have you got a special word book? Do you put them in your portfolio?

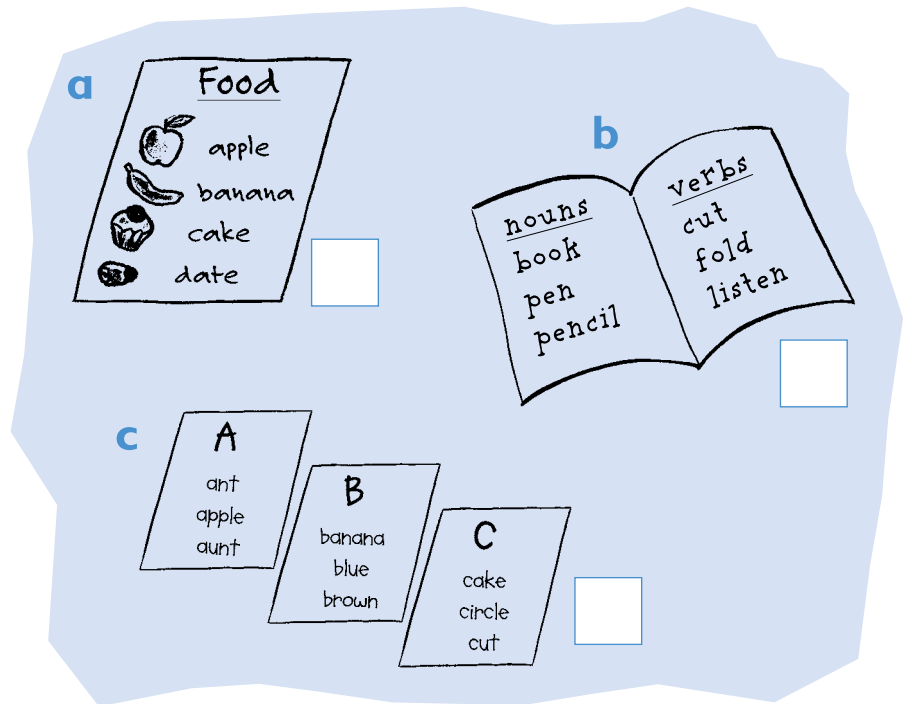
Here are some ideas to help you organise how you store words in English. Look at each idea and find a picture that shows you what it looks like.

1. You can have pages for words beginning with the same letter.



2. You can have pages for different topics.

3. You can have pages for grammar – for example, nouns, verbs, adjectives.



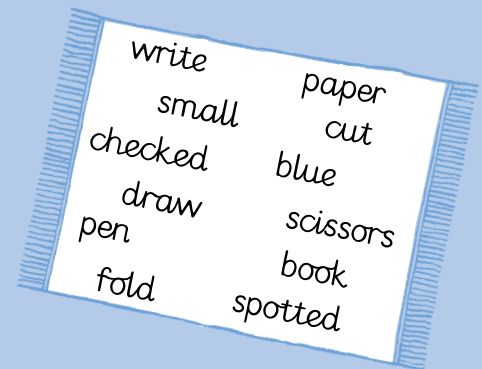
It's a good idea to put pictures in your word store too.

2 Read and sort.

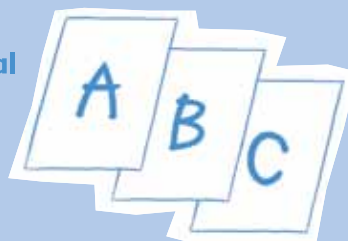
Your word store does not have to be like your friends'. We all learn and remember in different ways, so it is important that you choose the best ways for you.

Look at these English words.

Take cut-out page 79 from the back of this book and sort the words in the rug into these different groups.



1. Alphabetical order



2. Topics



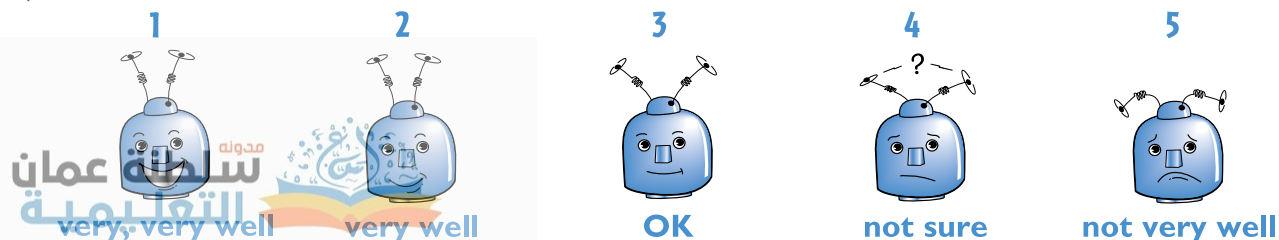
3. Grammar groups



My learning record

Today is:

1 How well can you do these things?



- understand and talk about personal information about yourself and others
- understand and talk about crafts from around the world
- read and understand factual information about crafts from around the world
- write factual information about an Omani craft
- write a reply to an e-mail
- understand and use the verb 'to be'



2 What new words can you spell?

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

3 What did you learn in this unit?

These are some things I've learned about this topic:

These are some things I would like to learn about this topic:



4 What activities did you like in this unit?

I liked:

I didn't like:

5 How well did you work with others?

My work with my friends was:



excellent



very good



good



OK



not very good

6 How well did you work?

My work in this unit was:



excellent



very good



good



OK



not very good

UNIT

2

Communication

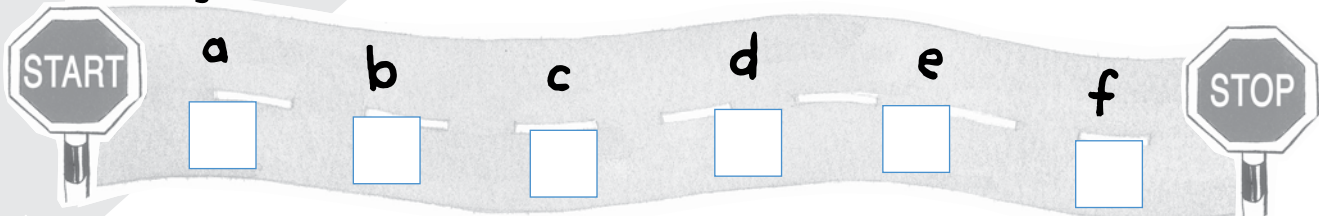
1 Look and talk.

Look at these symbols. What do these symbols tell us? Discuss your ideas with a friend.



2 Listen and match.

Listen to these children talking about these symbols. Which symbols are they talking about? Listen and write the numbers on the road.



3 Read and match.

Read these statements and match each one to a symbol in activity 1.

- a. You can't use your GSM. ☐
- b. Look out! Children crossing! ☐
- c. Stop! ☐
- d. Look out! Wadi crossing here! ☐
- e. You can't go in here. ☐
- f. Look out! Danger! ☐

4 Ask and answer.

What does number 6 mean?

I think it means - Look out! Wadi crossing here!

1 Look and write.

Look at these symbols. What do they mean? Write a message for each one.



1





3

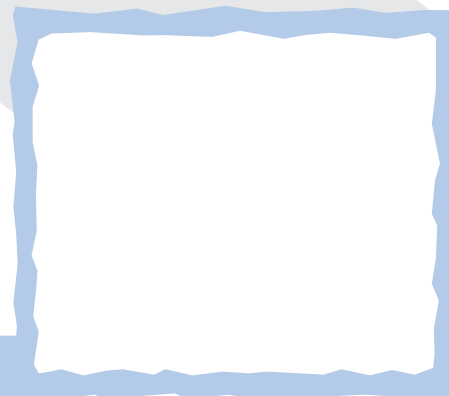
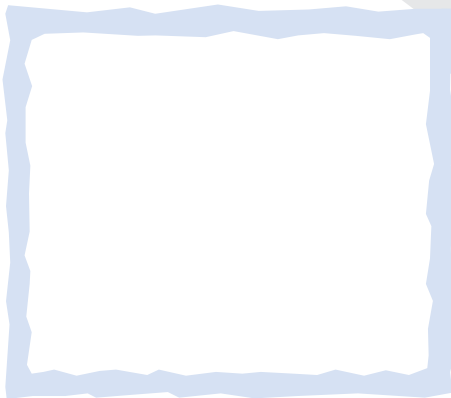
4



2 Read and draw.

Read these messages and draw a symbol to show each message.

Look out! Goats crossing!



Have a picnic here!

3 Do a mini-project.

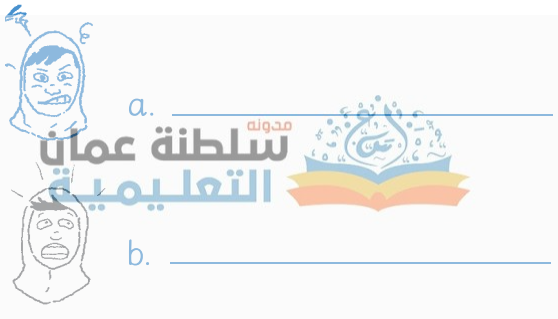
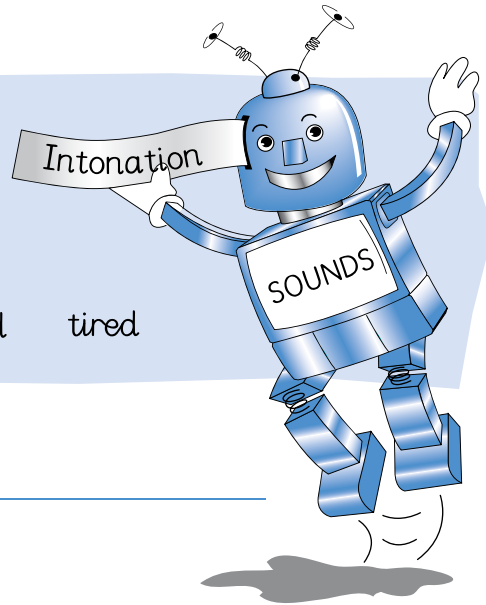


Look for symbols around you. Find out what they mean and draw a picture of each one. Collect as many as you can and keep them in your portfolio. Later, you will use them for a class display.

1 Read, listen and write.

The way we use our voice helps us to show the meaning of some words. We call this **intonation**. Read the words below, listen to the voices on the tape and write an adjective next to each picture.

angry ~~bored~~ excited happy sad scared tired



a. _____

b. _____



d. _____



e. _____



c. bored



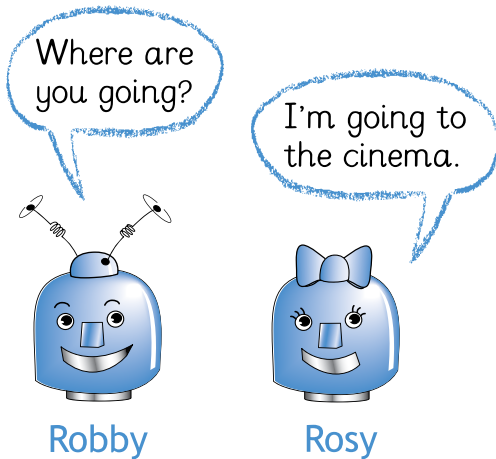
f. _____



g. _____

2 Listen and write.

Listen to Robby and his friend Rosy. Write how Rosy feels each time.

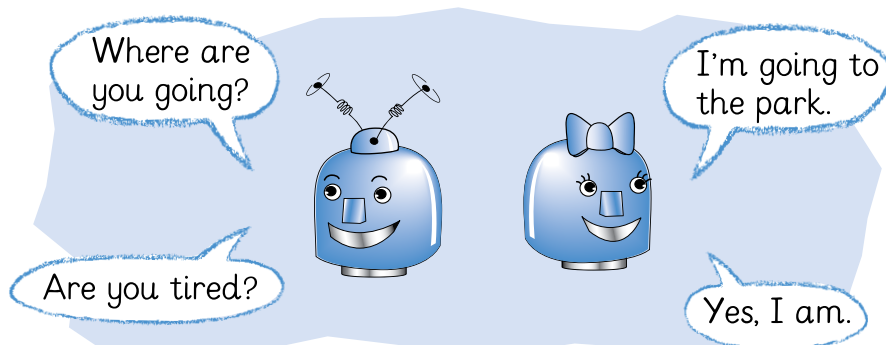


Robby

Rosy

1. excited
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

3 Do a role play.



1 Look and match.

If you're happy and you know it

- 1 If you're happy and you know it, laugh out loud,
If you're happy and you know it, laugh out loud,
If you're happy and you know it and you really want to show it,
If you're happy and you know it, laugh out loud.



- 2 If you're tired and you know it,

☐ clap your hands. a

- 3 If you're sad and you know it,

☐ scream out loud. b

- 4 If you're excited and you know it,

☐ cry out loud. c

- 5 If you're bored and you know it,

☐ stamp your feet. d

- 6 If you're angry and you know it,

☐ go to sleep. e

- 7 If you're scared and you know it,

☐ yawn out loud. f



1 Read and think.

Look at these adjectives. Some describe size, number, colour and pattern. Others describe how we feel.

thin pink bored striped
excited yellow fat
short three scared spotted

Adjectives

WORDS

مدونة
سلطنة عمان
التعليمية

Circle the words that describe how we feel.

2 Read and underline.

Look at these sentences. Which ones tell us how a person feels?

Underline the adjectives in the sentences that help us decide how a person feels.



1. I feel really happy today.
2. He's very tall.
3. She's got brown hair.
4. I feel very tired.



5. He's angry with me.
6. It's a checked scarf.
7. I'm eleven years old.
8. She's very sad.



3 Think and sort.

Look at the adjectives in activity 1 and the adjectives in the sentences in activity 2. Sort all the adjectives into the groups below and write them in the correct spaces.

Size

Colour

Feelings

Pattern

Number

1 Read and think.

Look at these questions and answers.
Underline the verb in each answer.

How do you feel?

I'm bored.

How do you feel?

I feel very tired.

Expressing feelings

LANGUAGE

سلطنة عمان
مدونة
التعليمية

We can use the verb _____ or the verb _____
to talk about our feelings.

2 Read and think.

How do you feel?

I'm scared.

How do you feel?

I feel sad.

The adjective which describes our feelings comes _____ the verb.

3 Think and write.

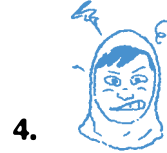
Write 3 sentences with the verb **to be** and 3 sentences with the verb **to feel**.

to be

to feel



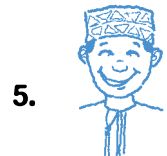
1. He's _____



4. _____



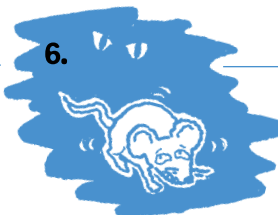
2. _____



5. _____



3. _____



6. _____

4 Write.



Now write two sentences about yourself describing how you feel today.
Then talk to two of your friends and write about how they feel today.
Put your sentences in your portfolio.

1

Read, find and write.

Read the information about Morse code and answer the questions.

A · —

B — · · ·

C — · — ·

D — · ·

E ·

G — — ·

H · · · ·

I · ·

J · — — —

K — · —

L · — · ·

M — —

N — ·

O — — —

P · — — ·

Q — — · —

R · — ·

S · · ·

T —

U · · —

V · · · —

W · — —

X — · · —

Y — · — —

Z — — · ·

Morse code

a

The Morse code was invented in 1838 by an American artist and inventor called Samuel Morse. It was used to send messages to people by radio telegraph. The first message in Morse code was sent in 1844. The code was called the International Morse code.

b

The International Morse code is a system of dots (·) and dashes (—) that represent each letter of the alphabet. To send a message, people tap out the code for each letter using their fingers and a special machine that sends the message to other people electronically. One dash takes the same time as three dots. To read the message, people listen to the sounds and copy the dots and dashes onto paper. Then, they use the code to write the letters of the alphabet so that they can read the message.

c

Morse code can also be sent using light. Some people use this at sea to send messages to other boats. They use a short flash of light to show a dot and a long flash of light to show a dash. People use Morse code to signal when they are in danger. The most famous message in Morse code is · · · — — · · ·. This message means that the person needs help.

1. Which part tells us how to read Morse code?

2. Which part tells us about sending Morse code using light?

3. Which part tells us about the inventor?

2

Read and answer.

Read the text about Morse code again and answer the questions below.

Part a

1. When was the Morse code invented? _____
2. Who invented the Morse code? _____
3. Where was the inventor from? _____
4. What represents each letter of the alphabet in Morse code? _____
5. Which takes more time – a dot or a dash? _____



Part c

6. What does the message
... --- ... mean? _____
7. What does it spell? _____

3

Read, write and listen.

Read these letters and write them in Morse code. Now listen.

S O S

Now read these words and write the letters. Then listen and tick the word you hear.



1. ☐ --- . . - . - -

2. ☐ --- . . - . - - .

3. ☐ --- . . - -

4

Read and write.

Read the message from Rosy.
What is it?



Now write your own word in Morse code.

1

Read and answer.

Look at pages 18 and 19 of your Classbook. Read the story about Helen Keller's life again and answer these questions.

1. Which part of the story tells us about Helen writing books?

2. Which part of the story tells us about when Helen became deaf and blind?

3. Which part of the story tells us about Helen going to college?

4. Which part of the story tells us about how her parents were given help by a doctor?

5. Which part of the story tells us about Helen understanding that the words she learned to spell named objects?

6. Which part of the story tells us about when Annie Sullivan started to teach Helen?

7. Which part of the story tells us about when Helen died?

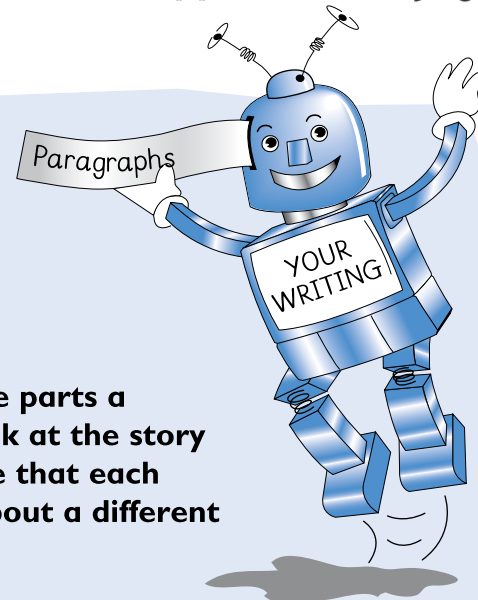
8. Which part of the story tells us about how quick Helen was to learn and remember?



1 Read and think.

Look at the story of Helen Keller's life again.

How many parts are there in the story?



We call each of these parts a **paragraph**. If you look at the story carefully, you can see that each paragraph tells us about a different topic.

The **first paragraph** tells us about how Helen became deaf and blind.

The **next paragraph** tells us about Helen's parents finding help from a doctor.

What does the **last paragraph** tell us about? _____

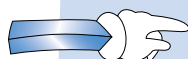
2 Read and complete.

New paragraphs are usually about new ideas.

Each paragraph usually has its own topic.

If writing is not broken into paragraphs, it is very difficult to read and understand.

Now complete the rule:



When we write long pieces of writing, we organise it into different parts to make it easier to read.

These different parts are

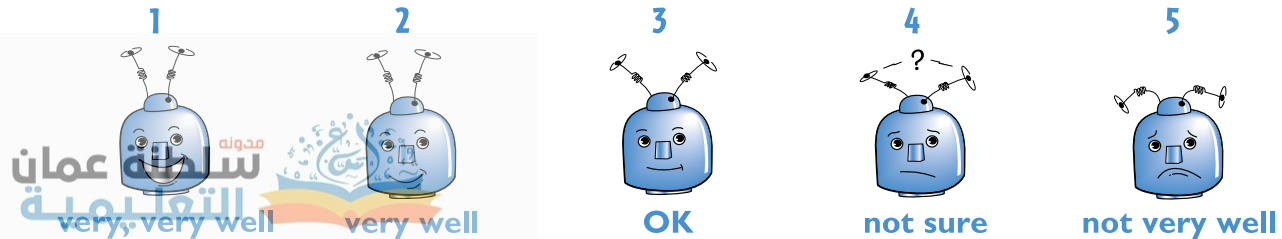
called _____



My learning record

Today is:

1 How well can you do these things?



- understand and talk about different ways of communicating
- ask and answer questions about how people feel
- use adjectives to describe feelings
- read and understand factual texts about codes
- understand about paragraphs
- read and understand a biography

☐
☐
☐
☐
☐
☐

2 What new words can you spell?

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

3 What did you learn in this unit?

These are some things I've learned about this topic:

These are some things I would like to learn about this topic:



4 What activities did you like in this unit?

I liked:

I didn't like:

5 How well did you work with others?

My work with my friends was:



excellent



very good



good



OK



not very good

6 How well did you work?

My work in this unit was:



excellent



very good



good



OK



not very good

UNIT

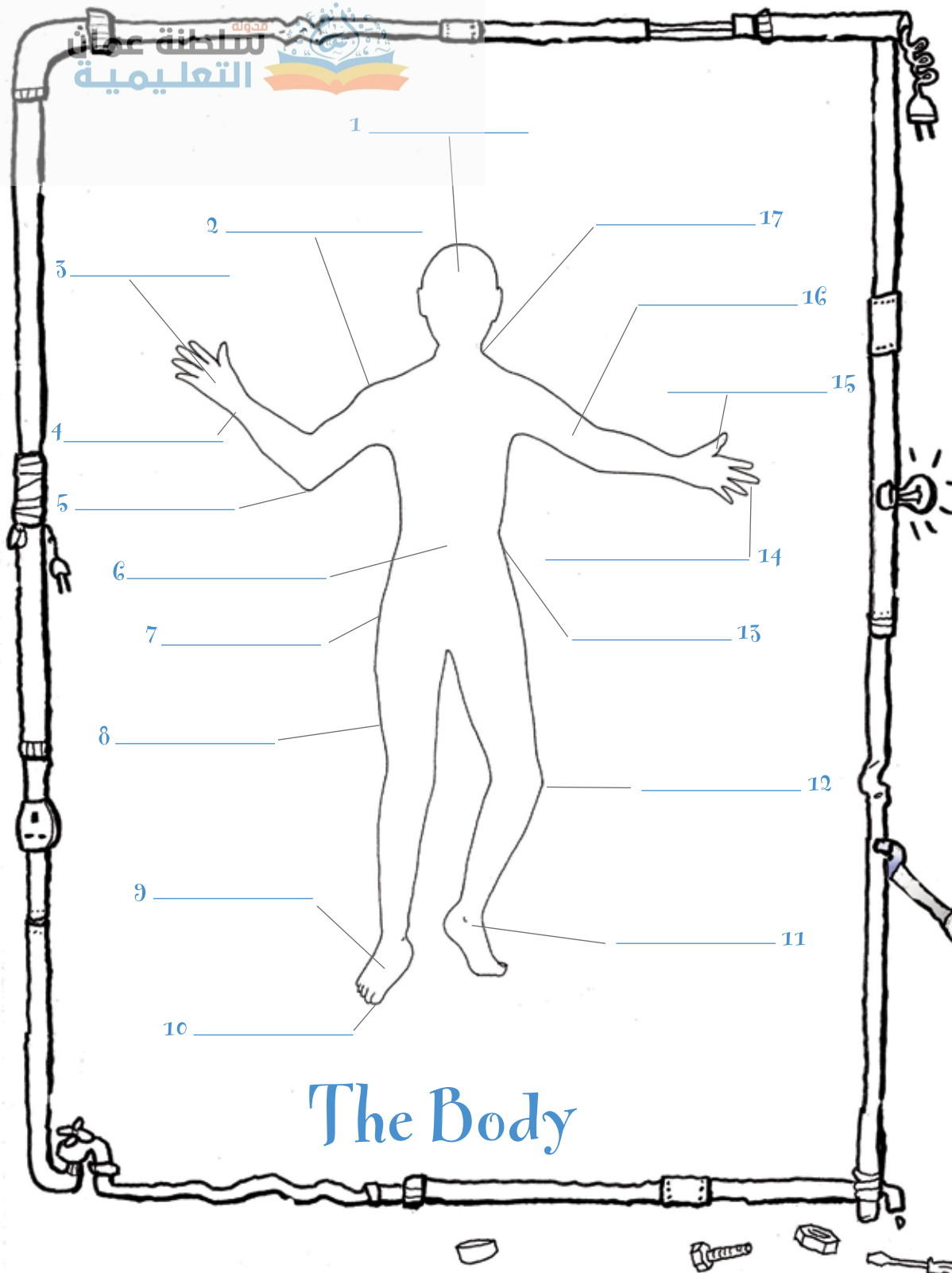
3

Fitness fun!

1 Look and label.

Look at the picture of the body. Label the body using the words in the box.

ankle
arm
elbow
finger
foot
hand
head
hip
knee
leg
neck
shoulder
stomach
thumb
toe
waist
wrist

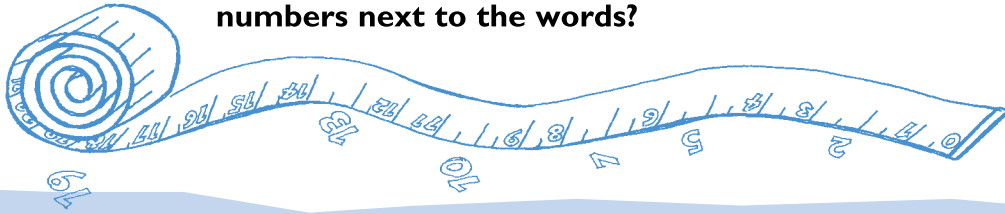


The Body

1

Read and complete.

The numbers have fallen off this tape measure. Can you write the numbers next to the words?



one

two

three

four

five

six

seven

eight

nine

ten

eleven

twelve

thirteen

fourteen

fifteen

sixteen

seventeen

eighteen

nineteen

twenty

thirty

thirty five

forty

forty three

fifty

fifty nine

sixty

sixty two

seventy

seventy eight

eighty

ninety four

one hundred

one hundred and eleven

one hundred and twenty

2

Read, listen and think.

Look at this information about pulse rates. Some of the numbers are missing on the chart. Listen to the information about pulse rates on the tape and complete the missing numbers.



Normal pulse rates for healthy people are:

babies	120-140	beats a minute
3-7 year olds		beats a minute
7-14 year olds		beats a minute
14-20 year olds		beats a minute
adults		beats a minute

playing volleyball

running

playing basketball

doing exercise

swimming

playing football

cycling

1

Measure your pulse.

Follow the instructions your teacher gives you to measure your pulse at rest, after 2 minutes' exercise and after 5 minutes' exercise. Record the information here.



1. Pulse at rest

Count for 20 seconds

_____ x 3

Pulse at rest – for 1 minute



2. Pulse after 2 minutes' exercise

Count for 20 seconds

_____ x 3

Pulse after 2 minutes' exercise – for 1 minute



3. Pulse after 5 minutes' exercise

Count for 20 seconds

_____ x 3

Pulse after 5 minutes' exercise – for 1 minute

These are the numbers you should write on your chart on cut-out page 77 at the back of your Skills Book. Leave this page in the book until the end of the unit.

2

Do a project.

To be fit and healthy, you should try and do some exercise every day.

Remove cut-out page F from page 65 at the back of the Classbook.

Keep a record of all the exercise you do every day.



Day	Activity	Time
Sunday	cycling	20 mins
Monday	playing basketball	45 mins
Monday	exercises	15 mins
Tuesday		



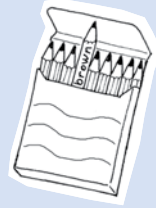
1 Read, listen and think.

Some words have the same letter patterns but have different sounds.

Look at these words and listen to how they are pronounced.

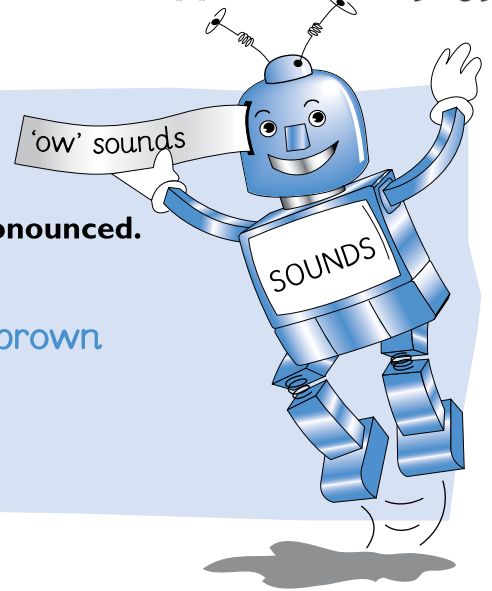


yellow



brown

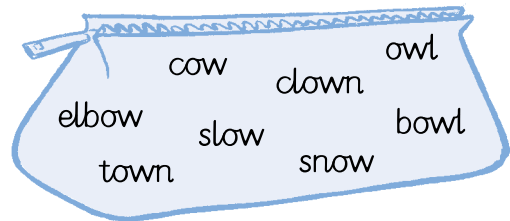
Now listen and repeat the words.



2 Write, listen and check.

Write the words that match these descriptions. Use the words in the pencil case.

- | | |
|-------------------------------------|---|
| 1. Where people live. _____ | 6. A bird that has very big eyes. _____ |
| 2. A part of your arm. _____ | 7. A container for food. _____ |
| 3. A funny person. _____ | 8. Not fast. _____ |
| 4. Very cold rain. _____ | |
| 5. An animal that gives milk. _____ | |



3 Sort and write.

Look at the words in the pencil case in activity 2.

Write the words that sound like the 'ow' in **clown** inside the clown.

Write the words that sound like the 'ow' in **snowman** inside the snowman.



1 Read and complete the instructions.

Look at these exercises. Complete the instructions for each one.



Stand with your feet 50 cm apart.



Raise your _____



Put your _____



Stretch your _____



Bend your _____



Bend to the _____

2 Think and write.

Look at these positive and negative instructions. Think carefully and write the missing letters, words or sentences.

1. Sit down.
2. Stand up.
3. Bend forwards.
4. _____
5. Bend to the right.
6. _____

1. Don't sit down.
2. _____ 't
3. _____
4. Don't raise your left arm.
5. _____
6. Don't put your hands on your hips.

3 Give and follow instructions.

Write 5 positive and 5 negative instructions on a piece of paper for your group.



Put your hands together.



Don't touch your toes.

Work in your group. Take it in turns to give an instruction and make sure your friends follow it correctly.



Put your instructions in your portfolio.

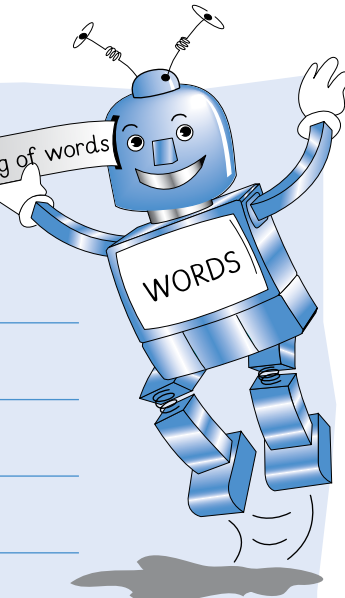
1 Read, think and order.

When you see a new word, you can try and guess its meaning from the other words around it. You can also use a **dictionary**.

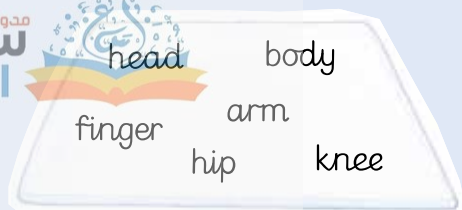
A dictionary can help you to check the meaning and the spelling of words.

Dictionaries are organised in alphabetical order so that you can find words easily. Look at the words below. Write them in the order you would find them in a dictionary.

Finding the meaning of words



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مدونة
التعليمية



2 Read and think.

Dictionaries tell us **what words mean**, **how to spell a word** and **what kind of word a word is**.

Look at the definition of these words.

hand [n] the part of the body at the end of a person's arm that includes the fingers and the thumb

touch [v] to put your hand or finger on something

tired [adj] the feeling that you want to sleep or rest

What do you think the letters **n**, **v** and **adj** mean? If you need help, look back at page 10 of your Skills Book.

Look back at page 29 of your Classbook. Which of the words in the goalposts are **nouns** and which are **verbs**? Write **n** or **v** in the check box after each word.

3 Read and match.

Look at these words from page 27 of your Classbook. Match each word to a definition.

word

definition

☐ **feet** [n]

☐ **bend** [v]

☐ **raise** [v]

☐ **knee** [n]

1 to lift, move or push upwards

2 the middle part of your leg where it bends

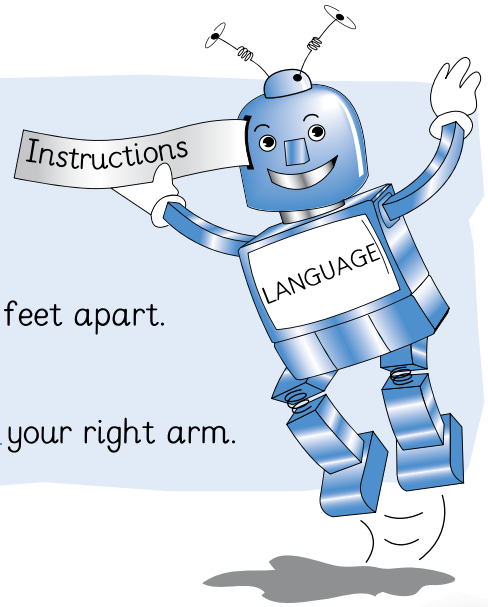
3 to move a part of your body so it is no longer straight

4 the two parts of your body at the end of your legs that you stand on

1 Read and complete.

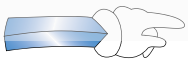
Read the instructions for the exercises on page 27 of your Classbook.
Find these instructions and complete them.

1. _____ down.
2. _____ with your feet apart.
3. _____ backwards.
4. _____ your right arm.



2 Think and complete.

Complete this rule using one of the words in the football.



We usually begin a positive instruction in
English with a _____.



3 Read and write.

Find the negative of these instructions on page 29 of your Classbook.
Write them here.

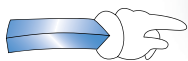
positive

1. Bend to the side.
2. Bend your knees.
3. Bend backwards.

negative

1. _____
2. _____
3. _____

4 Think and complete.



We make an instruction negative
in English by adding _____
before the verb.



1 Read and find.

Look at these instructions from the radio programme **Fitness Fun!** Read each instruction and match it to one of the photographs on page 30 of your Classbook. Write the letter of the photograph next to the matching instruction.

Underline the words in the text that help you match the instructions to the photographs.

A Slowly stretch up again and then gently bend to the right and slide your right hand down your right leg. Keep your head, shoulders, and hips facing forwards. Hold this position 1, 2, 3, 4, 5.

B Lower your arms to the sides again. Gently bend to the left and slide your left hand down your left leg. Keep your head, shoulders, and hips facing forwards. Hold this position 1, 2, 3, 4, 5.

C Slowly stretch up again and then shake your arms and your legs and jump up and down. You should feel full of energy and ready to have a great day.

D Stand with your feet about 50 cm apart. Keep your head and shoulders up and your arms by your sides. Hold this position 1, 2, 3, 4, 5.

E Stretch your arms out to the sides and hold them there 1, 2, 3, 4, 5.

F Slowly raise your arms straight above your head. Hold your hands together and stretch as high as you can. Keep your head and shoulders relaxed. Hold this position 1, 2, 3, 4, 5.

G Slowly lower your arms to your sides. Put your hands on your hips and gently lower your head backwards. Keep your head and shoulders relaxed. Hold this position 1, 2, 3, 4, 5.

H Slowly lower your arms and bend forwards until your hands touch the floor. Keep your head and shoulders relaxed. Bend your knees a little and hold this position 1, 2, 3, 4, 5. Now stand up again.

2 Order and do.

Put the instructions in the correct order. Look at page 30 of your Classbook to help you.

1 2 3 4 5 6 7 8

Now read the instructions in the correct order and do the exercises.

1 Read and think.

This mark ' is called an apostrophe.
It is used for two purposes.

1. To show who or what something belongs to.



This is Salim's cap.

This cap belongs to Salim.

2. To show that a letter or letters are missing in words.

Sometimes when we speak, or when we write, there are some words in English that we naturally make shorter and leave letters out. These words are called **contractions**.

We use an **apostrophe** to show where letters are missing.

I'm from Oman.

I am from Oman.



Don't turn left.

Do not turn left.



It's from Russia.

It is from Russia.

2 Read, match and write.

Match each contraction with its longer form.

Write the contraction next to the matching words.

- | | |
|----------------------|-----------------------|
| 1. he is _____ | 5. has not got _____ |
| 2. they are _____ | 6. have not got _____ |
| 3. I have _____ | 7. is not _____ |
| 4. she has got _____ | 8. let us _____ |

she's got
he's
hasn't got
let's
they're
isn't
I've
haven't got

3 Think and write.

Write in the missing apostrophes in the words below.

- | | | | | |
|--------|----------|----------|--------|----------|
| 1 dont | 2 theyre | 3 its | 4 Im | 5 hes |
| 6 shes | 7 theyve | 8 havent | 9 lets | 10 hasnt |

4 Think and complete.

We use an apostrophe to show who or what something _____ to.

We use an apostrophe to show that a letter or letters are _____ in words.

Planning your writing

1 Read and think.

- When we write instructions, we are describing how something is done. We are usually describing actions. Look at these instructions.

Open your book.

Touch your toes

Cut along the line.

- Usually, we write instructions in a sequence – one action comes before another action. Put these instructions in the correct order.

☐ Put your pencil case back in your school bag.

☐ Take a pen out of your pencil case.

☐ Open your pencil case.

☐ Put your pen back in your pencil case.

☐ Write your name.

☐ Take your pencil case out of your school bag.

☐ Close your pencil case.

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مدونه
التعليمية

2 Look and answer.

Look back at some of the instructions in this unit on Classbook pages 27 and 29 and Skills Book page 33.

What kind of words do the instructions begin with? _____

3 Look, think and write.

Look at this chart. Choose words from the chart to make 4 instructions. Write them on a piece of paper and put them in your portfolio. **Be careful** – you don't need to use words from every column.

Raise

Touch

Stand

Stretch

Sit

with
on

your

right
left

arm
leg
foot

arms
legs
feet

together.

apart.

on the floor.

up.

down.

4 Think and write.

Work with a friend and use instructions like these to write a short exercise routine for the rest of your group. Check each other's writing and then take it in turns to give and follow the instructions.

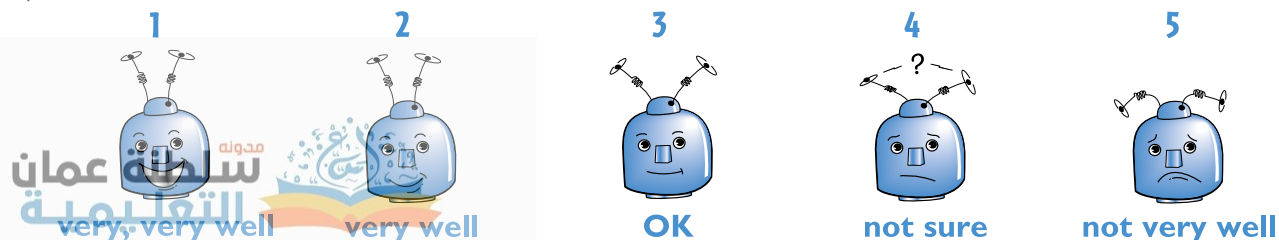


Put your exercise instructions in your portfolio.

My learning record

Today is:

1 How well can you do these things?



- ◆ understand and talk about fitness and exercise
- ◆ understand spoken instructions
- ◆ understand written instructions
- ◆ write instructions for an exercise routine
- ◆ measure your fitness level
- ◆ keep an exercise diary

☐
☐
☐
☐
☐
☐

2 What new words can you spell?

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

3 What did you learn in this unit?

These are some things I've learned about this topic:

These are some things I would like to learn about this topic:



4 What activities did you like in this unit?

I liked:

I didn't like:

5 How well did you work with others?

My work with my friends was:



excellent



very good



good



OK



not very good

6 How well did you work?

My work in this unit was:



excellent



very good



good



OK



not very good

UNIT

4

Survival!

1 Read and order.

Read David's e-mail on page 32 of your Classbook again. Put these sentences about his holiday in Oman in order.



a. He visited Jibreen Fort.

b. He arrived home.

c. He went to Jebel Akhdhar.

d. He went on a boat trip.

e. He went to the desert.

f. He bought some postcards.

2 Read and match.

Match the questions and answers about David's holiday.

1. Where did you go?
2. Who did you stay with?
3. What did you do there?
4. Did you have a good time?

- a. I stayed with my friend Ahmed.
- b. Yes, it was fantastic.
- c. I went to Oman.
- d. I visited a fort, went on a boat trip and went into the desert.



Now listen and check.

3 Do a role play.

Work with a friend. Take a role card and take it in turns to ask each other about your holidays.

Where did you go?

I went to Dubai.

Who did you stay with?

I stayed with my aunt and uncle.

1

Read and complete.

Look at these questions about the story on pages 33–35 of your Classbook. Read the story again and complete the questions and answers using the correct verbs from the sleeping bag.

1. What did Ali give his father?

He him a map.

2. Where did they an accident?

They an accident in the desert.

3. What did they ?

They water.

4. What did Ali in the plastic bags?

He plants in the plastic bags.

5. What did Ali from the plastic bags?

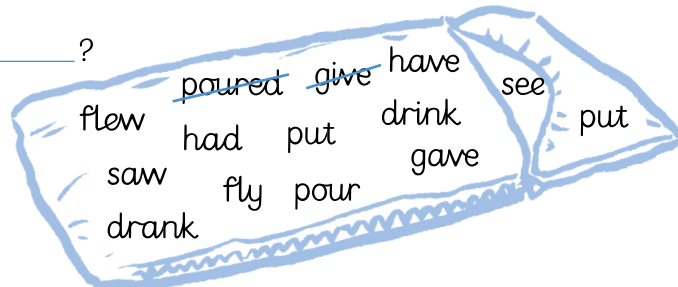
He poured water from the plastic bags.

6. When did the plane over them?

It over them at night.

7. How many oryx did they ?

They one oryx.



2

Ask and answer.

Look at the questions below. Work with a friend and take it in turns to ask and answer the questions.

How did you travel to school yesterday?

Where did you go last Thursday?

What did you watch on television last night?

What did you have for lunch yesterday?

3

Write.

Write your answers to the questions above. Put them in your portfolio.

some rope

a torch

a compass

a mirror

a water container

a tent

a spade

some matches

1 Read and answer.

Look at these questions about the story. Read the story again to find the answers. Write short answers in the speech bubbles.

Did Ali give his father a map?

1

Yes, he did.

Did they go and look for help?

5

Did they have a lot of water?

2

No, they didn't.

Did the pilot of the aeroplane see them?

6

Did they have some food?

3

Did they see an oryx?

7

Did they have a tent?

4

Did the pilot of the helicopter see them?

8

2 Think and write.

Look at these sentences about the story. Complete them using the verbs at the end of each sentence to help you.

1. They didn't have a lot of water. (not have)

2. They had some food. (have)

3. They the car. (not leave)

4. They a tent. (have)

5. Ali some little green plants. (collect)

6. An aeroplane over the desert. (fly)

7. The pilot of the aeroplane them. (not see)

8. They lots of oryx. (not see)



1 Read and complete.

Answer the questions about what you did yesterday. Write true answers using **Yes, I did** or **No, I didn't**.

Did you pray yesterday?

Yes, I did.

Did you go skiing yesterday?

No, I didn't.

Did you use the computer yesterday?

1

Did you speak English yesterday?

4

Did you do any exercise yesterday?

2

Did you go swimming yesterday?

5

Did you see a helicopter yesterday?

3

Did you see an oryx yesterday?

6

2 Ask and answer.

Work with a friend.
Take it in turns to ask and answer the questions about what you did yesterday.

4 Imagine and write.

Imagine that yesterday was a perfect day. Look at cut-out page G on page 63 at the back of your Classbook.

Write 5 sentences about **the things you did** on your perfect day and 5 sentences about **the things you didn't do**.

3 Write.



Write sentences like these about what you **did** and **didn't do** yesterday. Put them in your portfolio.

I prayed.

I didn't go to the park.

I used the computer.

I spoke English.

I didn't see a helicopter.

1 Read and think.

We use the past simple to talk about finished actions or situations in the past.

Talking about the past: positive and negative

THE PAST

NOW

THE FUTURE

What did Ahmed do last summer?
He went to Australia.

What did you do yesterday?
I went to school.

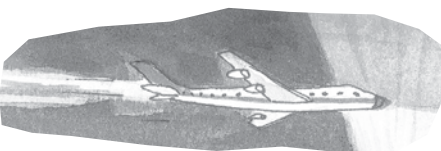
2 Write and check.

Write the negative of these sentences.

1. They **had** a lot of water.



2. The pilot of the aeroplane **saw** them.



Now look at pages 33–35 of your Classbook to check your answers.

To make negative statements in the past, we use **didn't** and **we don't** add **-d** or **-ed** to the main verb.

3 Think and answer.

Write true answers for these questions.

1. Did you pray yesterday?

2. Did you fly in an aeroplane yesterday?

When we give short answers about the past, what verb do we repeat?

4 Think and complete.

We use the _____ to talk about a finished action or situation in the past.

We use _____ to make the negative and we don't add _____ or _____ to the main verb.

We repeat the verb _____ in short answers.

1 Read and think.

All stories have a beginning, a middle and an end.



1. Story beginnings

If a story has a very exciting beginning, we will want to read more. If it is boring, we won't want to read the rest of the story. Look at these story beginnings.

Which one do you think is more interesting? Why?

- a It was late. Rashid walked up the path to his house. He heard a noise from behind the tree.



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مدونة
التعليمية



- b Screech! Rashid heard a loud noise in the quiet of the night. He found a torch, and slowly walked towards the tree. Suddenly, he saw something move in the dark.

2. Story endings

The way a story ends is also very important. Look at these story endings.

Which one do you think is more interesting? Why?

- a Rashid's dad looked behind the tree and suddenly started to laugh. He slowly bent down to pick something up. When he turned around, he had a tiny cat in his hands. The little cat had made the screeching noise as it scared away a mouse.



Rashid smiled. He felt a little bit silly. He had been very scared and it was only a tiny cat.

- b The noise was not a wolf. It was a cat.

3. The middle of a story

The **middle** of a story gives us more information about the characters and gives us more details about where and when the action takes place.

2 Read and order.

You are now going to read a story about a man who survived an amazing experience. It is one of the most famous stories in English fiction. It is called **Robinson Crusoe**. Do you know this story?

Your teacher will give you the story on a set of reading cards for your group. Work in your group to read the story and put the parts of the story in the correct order.

Start by choosing the text that tells the **beginning** of the story.

Next choose the text that tells the **middle** of the story.

Now find the text that tells the **end** of the story.

Write the letters of the different parts of the story in the spaces below.



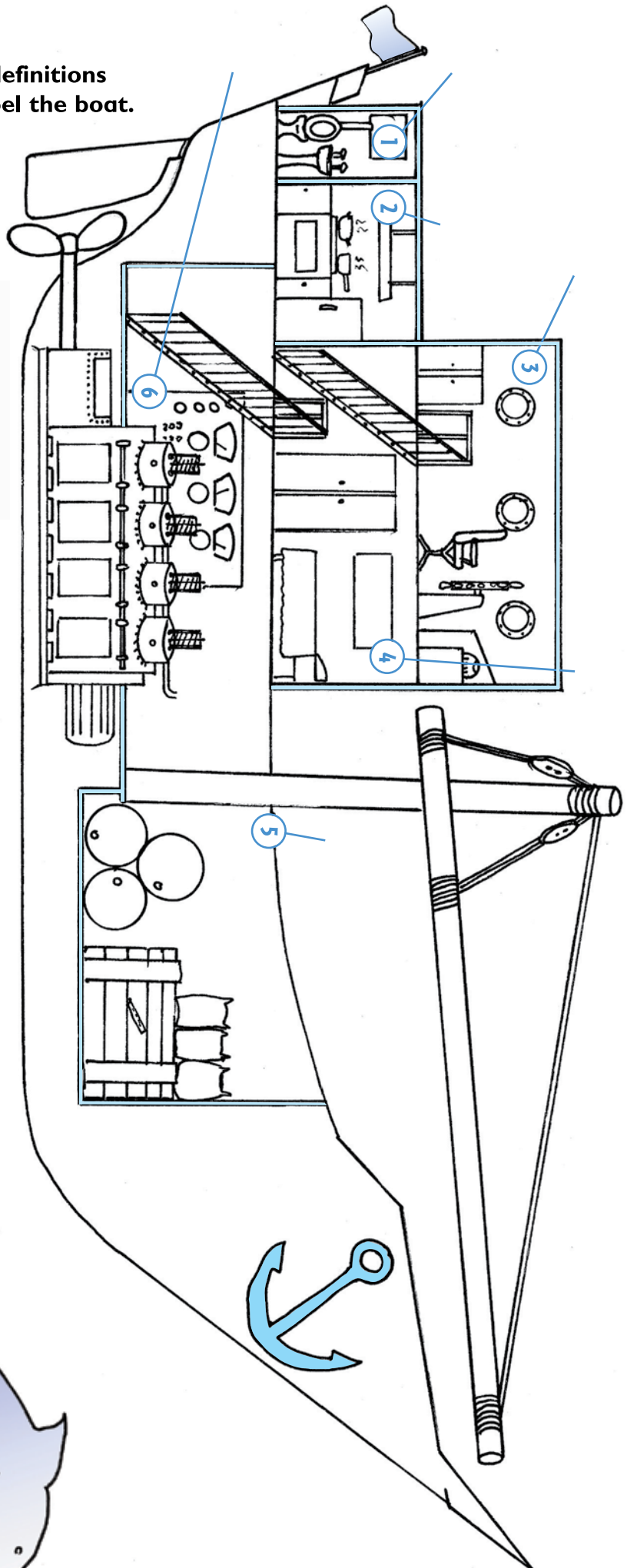
beginning

middle

end

1 Label the boat.

Look at this boat. Use the definitions of the words to help you label the boat.



galley [n] the kitchen on a ship

cabin [n] the room on a ship where you sleep

deck [n] the floor of a ship

engine room [n] the room where the ship's engines are

bridge [n] the room where the captain controls the sailing of the ship

head [n] the bathroom on a ship



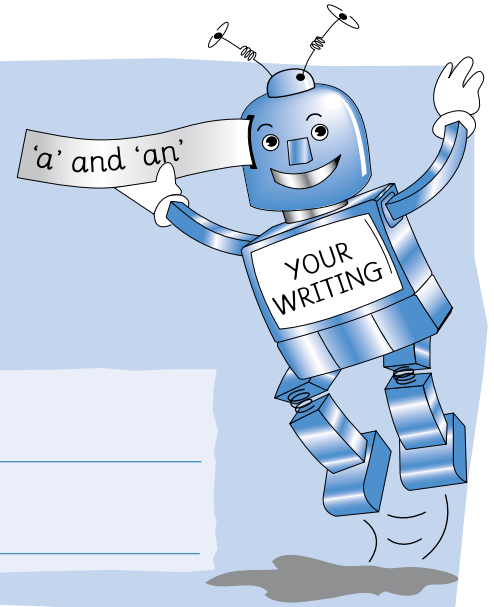
bridge
cabin
galley
head
engine room
deck

1 Read and think.

Vowels are the letters **a, e, i, o** and **u**.

A **consonant** is any letter of the alphabet that is not a vowel.

Write 2 words that begin with a **vowel** and 2 words that begin with a **consonant**.



2 Read and think.

Look at these two groups of words. What is the difference between the words in the two groups?



a pen
a goat
a car
a tent
a compass



an oryx
an axe
an island
an umbrella
an egg



In English we always use **an** instead of **a** before a word beginning with a vowel. Do you do the same in your language?

3 Read and label.

Look at these pictures. Label them using **a** or **an** correctly.



1 an umbrella



4 _____ oryx



7 _____ candle



2 _____ torch



5 _____ ice-cream



8 _____ egg



3 _____ boat



6 _____ spade



9 _____ aeroplane

4 Think and complete.

When you check your writing, remember to check your use of **a** and **an**. Remember the rule.



We use _____ before a word beginning with a vowel and _____ before a word beginning with a consonant.

1 Listen and think.

Look at this picture of the Earth.
Now listen to the sentence about it.
Are all the **th** sounds the same?

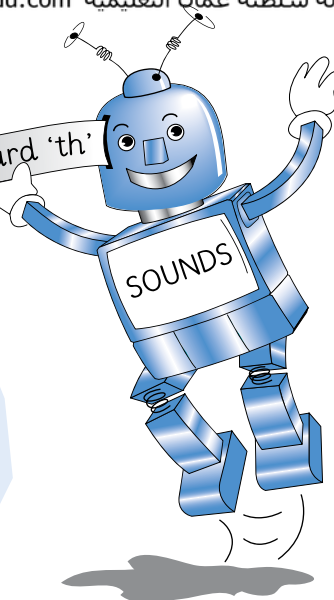
This is **the** Earth.

What positions are missing on the Earth?
Write them on the picture.

Now listen and check.



soft 'th' and hard 'th'



2 Read and complete.

Look at the pictures below. Complete the words next to the pictures.



tee ____



____ in

2 1000 ____ ousand



____ umb



Listen and repeat the words.

3 Think and sort.

Look at these words containing the letters **th**. Sort them into two groups – words that have a **soft 'th'** sound as in 'thin' and words that have a **hard 'th'** sound as in 'that'.

soft **th** sounds

thin

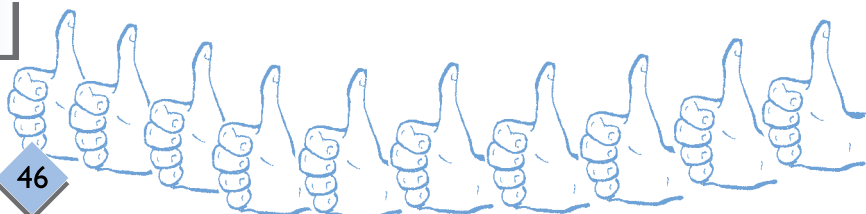
hard **th** sounds

that



4 Say the tongue twister.

Three thousand thin thumbs!



1 Read and think.

Adverbs are words that describe verbs.
Many adverbs end with the letters -ly.

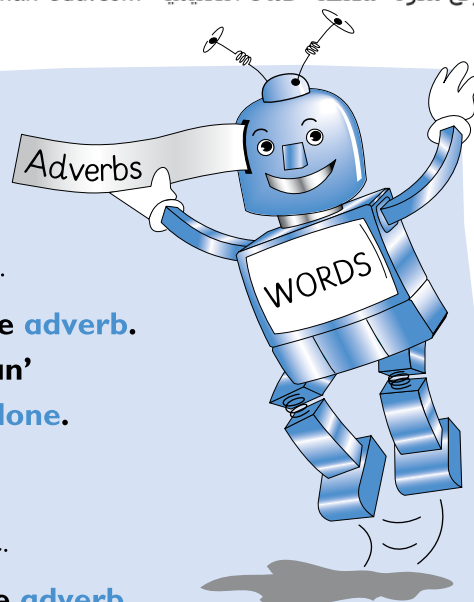


The oryx **quickly** ran away.

The word 'quickly' is the adverb.
It describes the verb 'ran'
– it tells us how it was done.

Ali talked **quietly** to David.

The word 'quietly' is the adverb.
It describes the verb 'talked'
– it tells us how it was done.



2 Read and find.

Which words are the verbs and adverbs in these sentences? Draw a circle around the adverb and underline the verb.



a. The gecko jumped quickly.

c. The camel walked slowly.

b. The baby cried loudly.

d. He opened the window carefully.



3 Read, think and complete.

Read the sentences about the story carefully. Complete the sentences using the adverbs in the water container. Look at the story on pages 33–35 of your Classbook for help.

- Ali opened the plastic bags carefully.
- David _____ took out his torch.
- He _____ picked up his camera.
- _____, they heard a noise.
- The helicopter _____ turned in a big circle.
- They jumped up and down _____.



4 Think and complete.



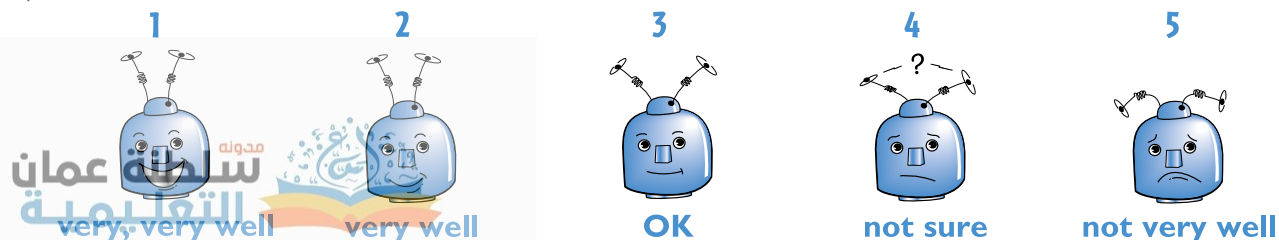
We use an _____ to tell us more about a _____.

Many adverbs end with the letters _____.

My learning record

Today is:

1 How well can you do these things?



- understand and talk about survival
- understand and use did and didn't to talk about the past
- make and respond to suggestions about survival
- write sentences about what you did and didn't do in the past
- read and understand longer stories

2 What new words can you spell?

3 What did you learn in this unit?

These are some things I've learned about this topic:

These are some things I would like to learn about this topic:



4 What activities did you like in this unit?

I liked:

I didn't like:

5 How well did you work with others?

My work with my friends was:



excellent



very good



good



OK



not very good

6 How well did you work?

My work in this unit was:



excellent



very good



good



OK



not very good

UNIT

5

The world of work

1 Read, think and label.

Look at the two pictures below. Now look at the two descriptions of jobs. Label each picture with the correct job title.

سلطنة عمان
مدونته
التعليمية



b



1. A vet is a person who looks after sick animals.

2. A tailor is a person who makes clothes.

2 Read and complete.

Read these descriptions of jobs and use the words in the frieze to help you complete the sentences.



1. An astronaut is a person who flies in space.

2. A _____ is a person who stays at home and looks after the family.

3. A _____ is a person who helps people learn new things.

4. A _____ is a person who drives cars or lorries.

5. A _____ is a person who catches fish.

6. A _____ is a person who flies aeroplanes or helicopters.



1

Read and complete the chant.

Read and complete the chant using the words in the box below.

What do you want to be?

What do you want to be when you're 21?

I want to be a film star and have lots of fun!



What do you want to be when you're 22?

I want to be a baker and make a cake for .



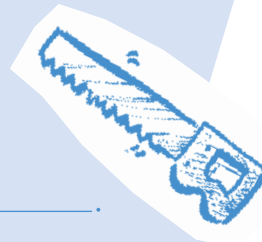
What do you want to be when you're 23?

I want to be a sailor and sail upon the .



What do you want to be when you're 24?

I want to be a carpenter and use a .



What do you want to be when you're 25?

I want to be a farmer with a big .



What do you want to be when you're 26?

I want to be a magician and learn lots of .



What do you want to be when you're 27?

I haven't decided. I'm only !



beehive you tricks
saw eleven sea fun

2

Listen and match.

Look at the 4 jobs on page 43 of your Classbook. Listen and decide which job each person is talking about. Write the letter of the picture showing the job in the boxes below.

1

2

3

4

a housewife

a fisherman

a teacher

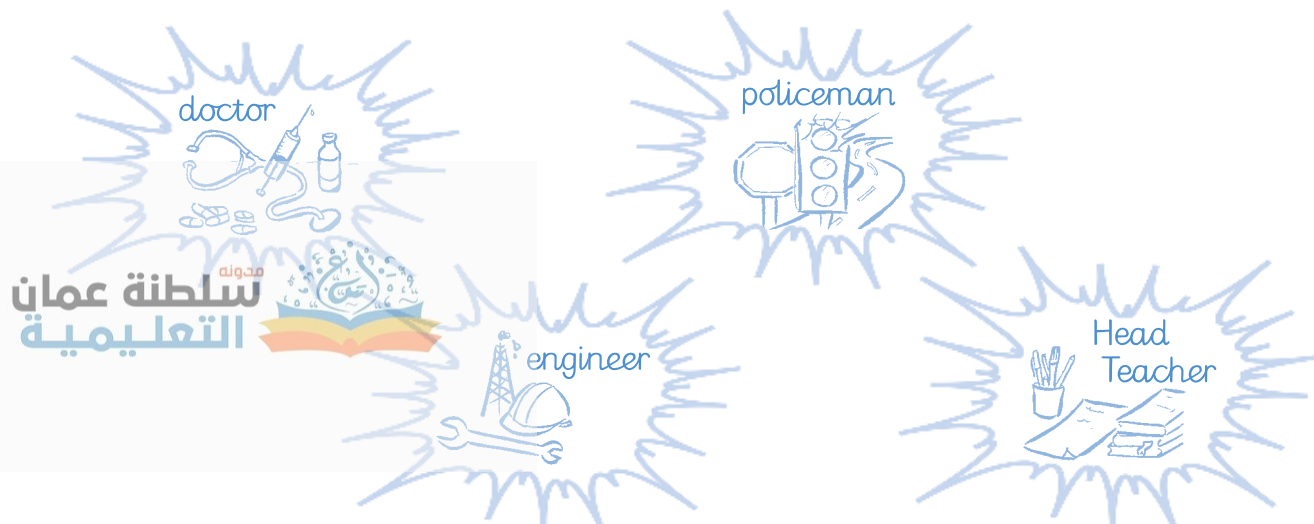
a driver

a pilot

an astronaut

1 Read and label.

Read these descriptions of jobs. Use the information in the text to decide which job is being described. Underline the words in the text that help you match the job to the description. Label each text with the title of the job.



a

I take care of people who are ill. I sometimes give people medicine to make them well again. I usually work in the hospital from 7.45 in the morning until 4.15 in the afternoon. Sometimes I have to go back to the hospital at nights to see my patients. I like my job very much because I like helping people.

b

I start work at 7 o'clock in the morning and usually finish at 2.30. I look after a school with 24 teachers and more than 600 children. Every day, I talk to teachers and parents about the children in the school. Sometimes I arrange special days at the school so that parents can come and see their children's work and talk to their teachers. I love my job because I like working with children, teachers and parents.

c

I work on an oil rig in the desert. I start work at 6.30 in the morning and finish at 2.30 in the afternoon. I take care of the big machines that we use to drill for oil. I calculate how much oil we will get. Sometimes I change the position of the machines so that we can get more oil. I like my job because I like working with machines.

d

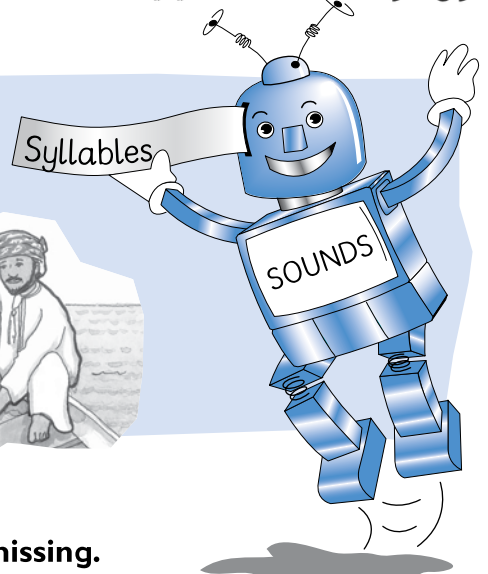
I usually work in the centre of town, but sometimes I work on the highways outside town. I usually work from 2.30 in the afternoon until 10.30 at night, but sometimes I work from 10.30 at night until 6.30 in the morning. I try to make sure that everyone drives safely. Sometimes I have to help if there is an accident. I like my job because I like helping people and I really like riding my motor bike!

1 Read and think.

When we say some words, we can break them down into smaller parts called **syllables**.

Some words are easier to read and say if you break them down into syllables.

fish er man



2 Think and write.

Look at these job words. Some of the syllables are missing. Write the missing syllable in the space and then write the whole word.

1. po _____ man _____

2. doc _____

3. ar _____ tect _____

4. as _____ naut _____

5. _____ gi neer _____

3 Think and sort.

Look at all the job words under the charts. Sort them into words with 2, 3 or 4 syllables and write them in the correct space on the charts.

2 syllables

3 syllables

4 syllables

architect
photographer
secretary

doctor
electrician
astronaut
pilot

actor
accountant
artist
musician

mechanic
teacher
policeman
fisherman

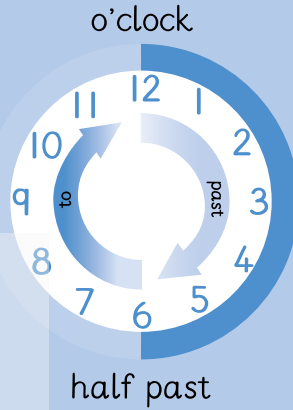
housewife
driver
engineer

1 Look and think.

Can you remember how to say the time in English?

What is the time now?

a quarter to



a quarter past

Time expressions

WORDS



2 Look, listen and think.

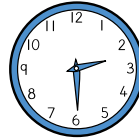
Look at these times and listen to the tape.



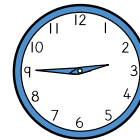
It's two o'clock.



It's a quarter past two.

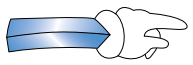


It's half past two.

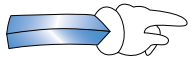


It's a quarter to three.

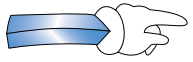
Now think and complete these rules about saying the time in English.



We use _____ for complete hours.



We use _____ for 15 minutes and _____ for 30 minutes.



We use _____ before the hour and _____ after the hour.

3 Think and complete.

Look at these different types of clocks. Complete the missing times.



4.05

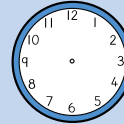
five past four



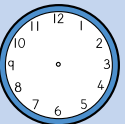
twenty past four



five to four

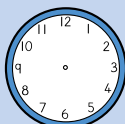


twenty to four



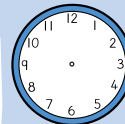
4.10

ten past four



4.25

twenty five past four



3.50

ten to four



twenty five to four

1 Read and write.

Look at the chart on page 46 of your Classbook. Now read these sentences.

Ben likes drawing pictures and doing sports and exercise.

He doesn't like working with numbers.

Now look at the information about Maria. Write a sentence about the things she likes doing and a sentence about the things she doesn't like doing.



2 Do a survey.

Look at the chart. Complete the chart for yourself. Put a tick for the things you like doing and a cross for the things you don't like doing.

Now ask a friend about the activities they like doing. Record the information on the chart.

	You		Your friend	
	Yes	No	Yes	No
drawing pictures				
working with numbers				
doing sports and exercise				
working with tools and machines				
playing music				
meeting new people				

Do you like drawing pictures?
Yes, I do.

Do you like drawing pictures?
No, I don't.

3 Write about your friend.

Now look at the information about your friend. Write a sentence about the things they like doing and a sentence about the things they don't like doing.

4 Write about yourself.

Now write sentences about the things you like doing and the things you don't like doing. Show your sentences to a friend.

Put your sentences in your portfolio.



1 Read and think.

We use the **present simple** to talk about daily activities and things that are true.

Read this true information.

Paula works in a gym.
They like maths.

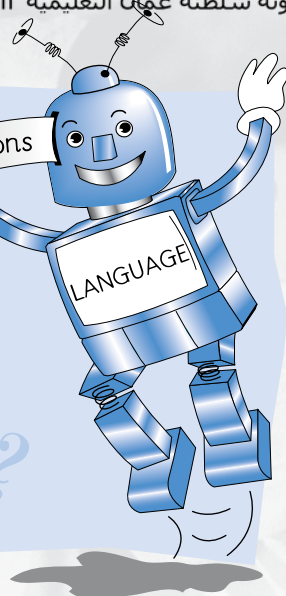
Paula doesn't work in an office.
They don't like sport.

Does Paula work in a gym?
Yes, she does.

Do they like sport?
No, they don't.

Read the information again and then complete the rules.

Present simple questions



We use _____ and _____ to make questions in the present simple.

We use _____ and _____ to make the negative in the present simple.

2 Read, write and think.

When we want to ask questions about daily activities and things that are true, we use the auxiliary verb **do** and **does** to help the main verb.

Do you like working with numbers?

Yes, I do.

No, I don't.

I don't mind.

Look at page 46 of your Classbook and page 55 of your Skills Book. Find one question beginning with **Do** and one question beginning with **Does**. Write the questions and answers here.

1

2

Read the questions and answers again and then complete the rule.

You can answer **Do/Does** questions with _____ ,
or a short answer.

3

Read and write.

Some question words begin with the letters 'Wh-'.
These are called 'Wh' questions.

What ... ?

Where ... ?

What time ... ?

Look through Unit 5 of your Classbook and Skills Book. Find an example of a 'What ...?' question, a 'Where ...' question and a 'What time ...' question.
Write them here.

1

2

3

Find the answers to the questions and write them under the questions.

We cannot answer

we must give more information.

questions with Yes or No,

1 Read, think and label.

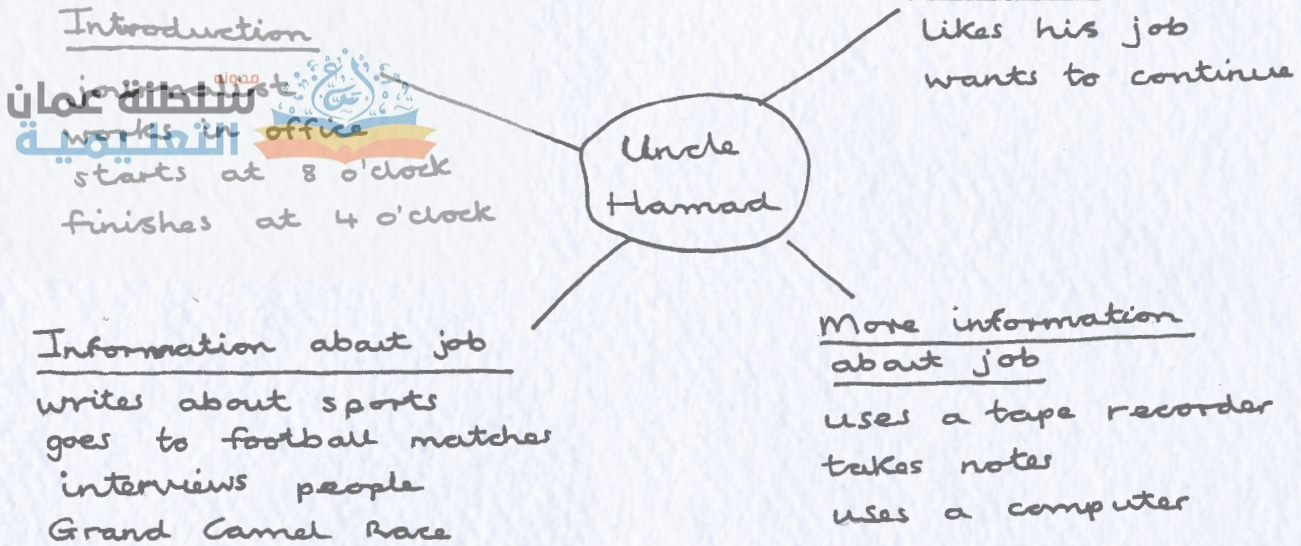
Planning your writing

It is important before you start writing to organise your ideas.

Look at Maha's mind map below.

paragraph ☐

paragraph ☐



paragraph ☐

paragraph ☐

There needs to be a clear order for writing your ideas. Look at Maha's mind map again. Now look at her writing on page 50 of the Classbook.

Write the number of each paragraph on Maha's mind map.

2 Read and think.

When we write about factual information we often organise our writing in the same way Maha has.

We start with a general introduction.

Then, we write more detailed information.

Finally, we write a conclusion.

Look at cut-out page 73 at the back of your Skills Book.

Use this mind map to help you plan and draft your writing.



3 Think and write.

When we write about facts or true information and daily routines we use **the present simple**. Look at Maha's writing on page 50 of your Classbook and underline all the verbs in the present simple.

Use all the information on this page to help you write your report.

1

Read and find.

Look at Ben's first draft of his project about his brother's job. There are 6 mistakes in his draft. Can you help Ben find and correct them?

Correcting your writing

YOUR
WRITING

What's his job.

My brother tom is an animal doctor.
He in a big animal hospital works.
He works from 9 o'clock to 6
o'clock every day.

Tom takes care of animals when
they are ill. He sees lots of dogs,
cats, rabbits and birds every day.

Sometimes Tom has to go out to
farms to visit ill animals. He looks
after farm animals like cows,
horses and sheep.

Tom liking his job. He's vet.

Underline the mistakes and
write the corrections here.

What's his job?

2

Read and match.

Look at these different kinds of mistakes. Write the number of each kind of mistake next to the mistakes Ben made in his writing.

1. Capital letters

✓ Correct: Hamad

✗ Incorrect: hamad

4. Word order

✓ Correct: I like playing football.

✗ Incorrect: I like football playing.

2. Punctuation

✓ Correct: What do you do?

✗ Incorrect: What do you do.

5. Missing words

✓ Correct: What do you do?

✗ Incorrect: What you do?

3. Spelling

✓ Correct: teacher

✗ Incorrect: teacher

6. Grammar

✓ Correct: He works in an office.

✗ Incorrect: He work in an office.

3

Think and check.

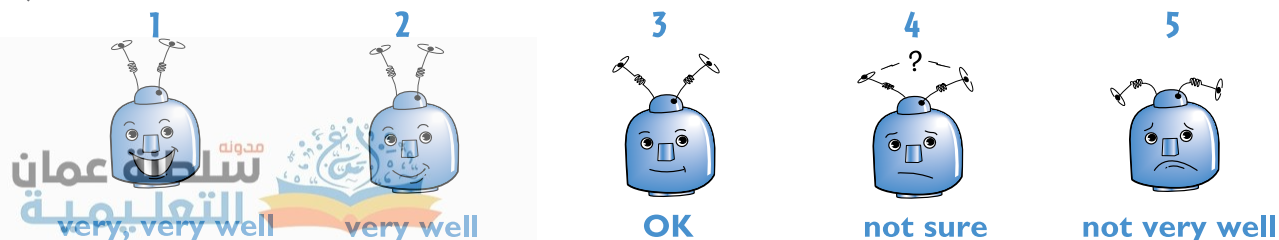
Do you have problems with these types of mistakes when you write in English?

Remember to check for these different kinds of mistakes when you correct your own or your friends' writing.

My learning record

Today is:

1 How well can you do these things?



- understand and talk about jobs and their activities
- read and understand factual information about different jobs
- ask and answer questions in the present tense
- understand and talk about time
- ask and answer questions about activities you and your friends like doing
- write a short report about someone's job

☐
☐
☐
☐
☐
☐

2 What new words can you spell?

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

3 What did you learn in this unit?

These are some things I've learned about this topic:

These are some things I would like to learn about this topic:



4 What activities did you like in this unit?

I liked:

I didn't like:

5 How well did you work with others?

My work with my friends was:



excellent



very good



good



OK



not very good

6 How well did you work?

My work in this unit was:



excellent



very good



good



OK



not very good

Word play

1 Look and sort.

Look at these words. Sort them into **colours**, **patterns**, and **shapes**.

spotted	yellow	triangle	green	checked	circle
square	parallelogram	orange	zig zag		
flowery	blue	rectangle	red	striped	

Colours
سلطنة عمان
التعليمية

Patterns

Shapes

2 Circle the odd one out.

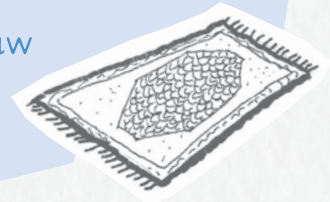
1. cut draw stick rug fold

2. paper scissors pink pencil necklace

3. striped put big seven blue

4. doll colour unfold cut draw

5. paper frog rug bracelet checked



3 Read and correct.

Look at the questions and answers below. They have lost their punctuation.
Write the questions and answers again and add the missing punctuation.

1



what is it
its a palestinian bowl

2



where are they from
theyre from russia

3

whats in mahas school bag

a pencil a ruler a book a rubber and a pen



4

Look, write and match.

Look at these words. The letters have got mixed up. Write the words and match them to the correct picture.

1



2



3



7



6



5



سلطنة عمان
مدونه
التعليمية



garyn
drite
texidce
phapy
ads
ebodr
drasec

5

Look and write.

Look at this message in semaphore. What does it say? Look at pages 10 and 11 of your Classbook or cut-out page E from the back of the Classbook to help you read the message. Write the message under the flags.



6

Read and answer.

Read this question in Morse code and write it underneath. Then answer the question in Morse code. Look at page 20 of your Skills Book to help you.

• — — — • • • • • — — — — — • • • • • • • — — —



7 Circle and write the body words.

-
-

zapemkhandtyxoinstomachlkethumboorlegaghytoemklawaistpfqtffootrzcmeibowypukneebodjgkjarmchkdjgjo

_____ hand _____
 سلطنة عمان مدونه
 التعليمية

8 Write instructions.

Put the words in the correct order and write the instructions. Don't forget to add capital letters and full stops.



1. side to bend the

_____ Bend to the side. _____

2. forwards don't bend

3. your arm right raise

4. knees bend don't your

5. with feet stand together your

6. apart stand your don't with feet



9

Look and find.

Find 10 verbs of movement in the word square.

c	b	k	e	c	b	r	u	n	l	i	j
m	a	e	n	o	m	l	t	a	e	p	u
s	p	i	r	m	r	k	o	p	z	u	m
t	e	c	l	i	m	b	n	e	m	s	p
r	c	r	s	u	s	m	v	a	l	j	v
e	e	b	o	r	a	i	s	e	f	y	e
t	d	v	l	w	s	c	m	p	e	l	k
c	z	s	f	a	i	s	d	e	m	h	f
h	b	k	q	l	p	p	u	l	l	j	r
r	a	i	i	k	u	y	e	c	c	f	l
o	n	p	x	d	s	a	f	i	k	e	g
n	c	v	m	e	h	a	b	e	n	d	j

سلطنة عمان
التعليمية

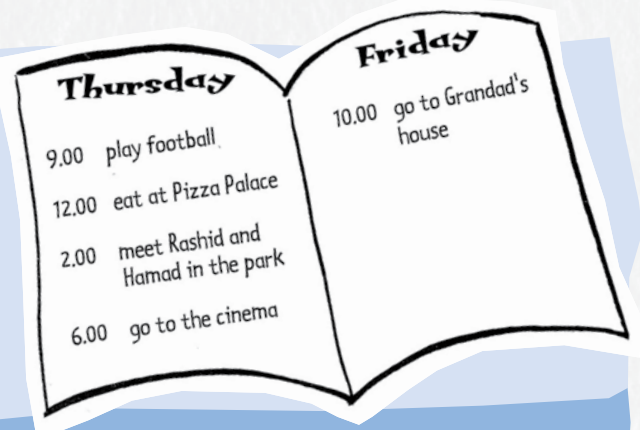
10

Read and answer.

Look at Ali's diary for last weekend.
Write Ali's answers in the conversation
using the information from his diary.

Did you have a good
weekend, Ali?

Yes, I did.



Did you go shopping
this weekend?

1

Did you eat at Burger
Bomb this weekend?

5

And did you play football?

2

Oh, did you eat at Pizza
Palace this weekend?

6

Did you go the park
with your friends?

3

And did you go to
your uncle's house?

7

Um ... did you go to
the funfair?

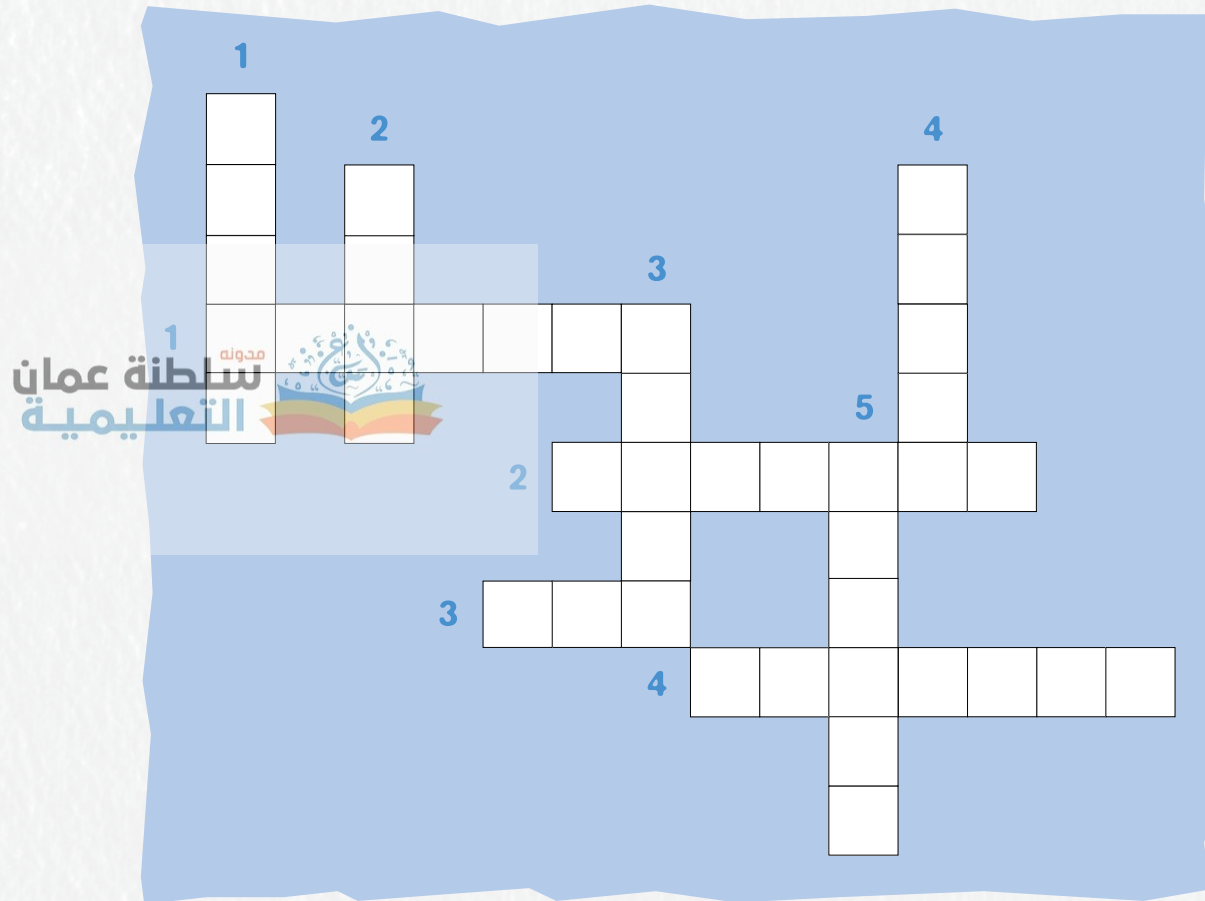
4

Did you visit your
Grandad this weekend?

8

11 Do a survival crossword.

Write the answers to the clues in the numbered spaces.



Across



1. sticks of wax which give light when they burn



2. thin sticks of wood which burn



3. a tool used for cutting wood



4. an instrument for showing direction

Down



1. a small light



2. a shelter made of cloth



3. a tool used for digging



4. a tool used for cutting



5. a tool used for hitting nails into wood

12 Complete the adverbs.

Complete these words using **a, e, i, o** or **u**.

sl__wly

q__ckly

q__tly

s__dd__nly

c__r__f__lly

__xc__t__dly



13 Read and order.

Read **Ahmed and David's Amazing Adventure** on pages 33–35 of your Classbook again. Write the order in which these things happened in the story.


☐

a They saw an oryx.

☐

b Ali gave his dad a map.

☐

c A helicopter flew over the desert.

☐

d They had an accident.

☐

e An aeroplane flew over the desert.

☐

f Ahmed and David looked for the food.

☐

g Ali put some plants in plastic bags.



14 Read and match.

Match the questions and answers about people's work.

What's his job?

Where does she work?

What time do you start work?

What do you do in your job?

Do you like your job?

She works in an office.

Yes, I do.

I look after sick animals.

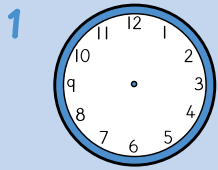
I start work at 8 o'clock.

He's a doctor.

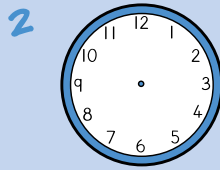


15 Read and draw.

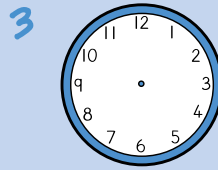
Read these clock times. Draw the hands to show the time on the clocks.



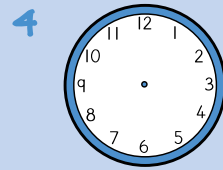
ten past 11



a quarter to 4



five to 12



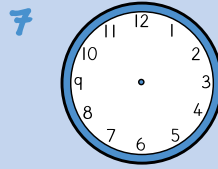
twenty five past 8



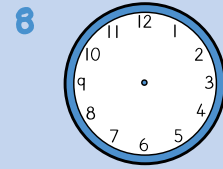
3 o'clock



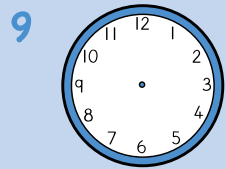
five past 6



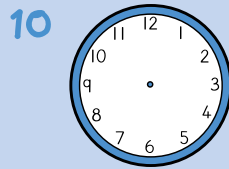
twenty five to 10



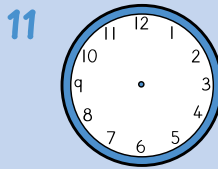
a quarter past 7



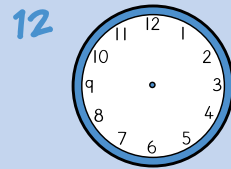
ten to 2



half past 9



twenty to 5



twenty past 1

16 Find the job words.



1. carehet _____ teacher

2. negeirne _____

3. limacopen _____

4. sneur _____

5. tidesnt _____

6. urtanotsa _____

7. lotip _____

8. tatris _____

9. erseycatr _____

10. orjalitnus _____



17

Read and correct.

Look at this description of a job. There are 6 mistakes. Underline the mistakes and write the corrections.

My sister

My sister Muna a secretary is.
She working in an office. She
works from 7 o'clock to 4 o'clock
from Saturday to Wensday.

Muna types letters and answers
telephone. she works with lots of
other secretaries.

Muna likes her job

18

Circle the odd one out.

1. earring bracelet ring architect necklace

2. semaphore tent sign language Braille Morse code

3. origami raise stretch bend jump

4. water container compass mirror rope zig zag

5. doctor baker toe fisherman vet



Answer key

1 Look and sort.

Colours

yellow
blue
red
green
orange

Patterns

spotted
flowery
checked
zig zag
striped

Shapes

square
parallelogram
triangle
rectangle
circle

2 Circle the odd one out.

3 Read and correct.

What is it?
It's a Palestinian bowl.



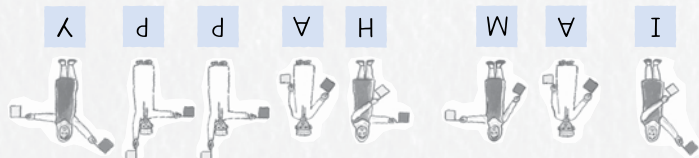
Where are they from?
They're from Russia.



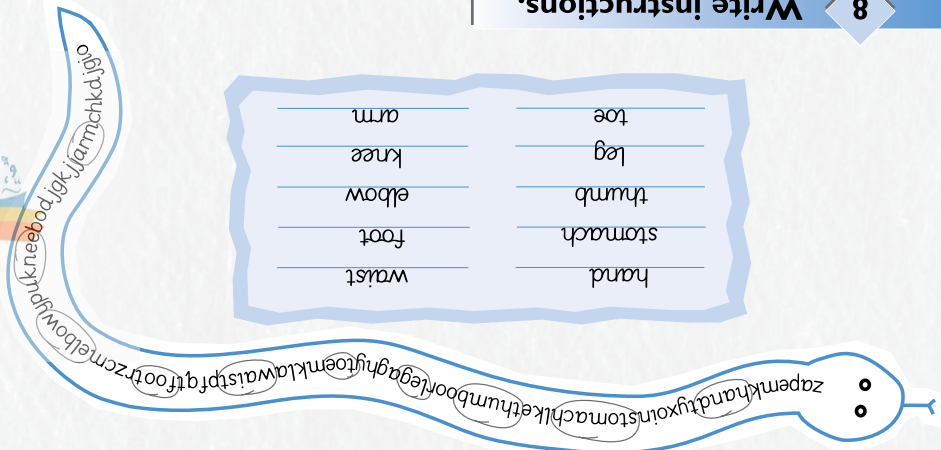
What's in Maha's school bag?
A pencil, a ruler, a book,
a rubber and a pen.



5 Look and write.



7 Circle and write the body words.



8 Write instructions.

1. Bend to the side.
2. Don't bend forwards.
3. Raise your right arm.
4. Don't bend your knees.
5. Stand with your feet together.
6. Don't stand with your feet apart.

سلطنة عمان
التعليمية





- 4 g Ali put some plants in plastic bags.
3 f Ahmed and David looked for the food.
5 e An aeroplane flew over the desert.

2 d They had an accident.

7 c A helicopter flew over the desert.

1 b Ali gave his dad a map.

6 a They saw an oryx.

موقع مدونة عمان التعليمية

13 Read and order.

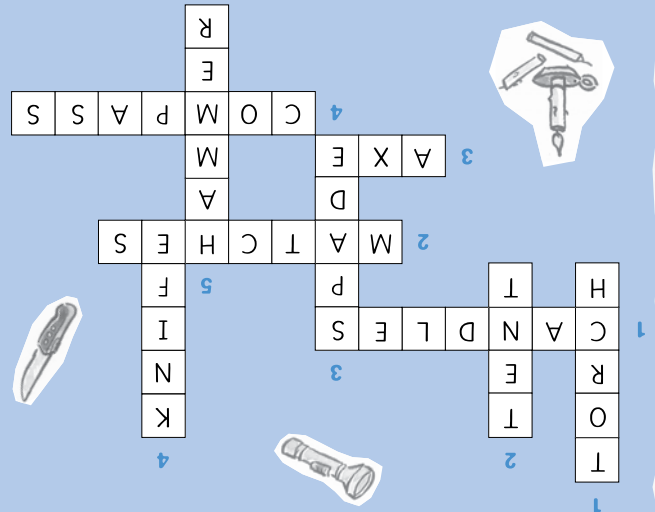
14 Read and match.

- What's his job? She works in an office.
Where does she work? Yes, I do.
What time do you start work? I look after sick animals.
What do you do in your job? I start work at 8 o'clock.
Do you like your job? He's a doctor.

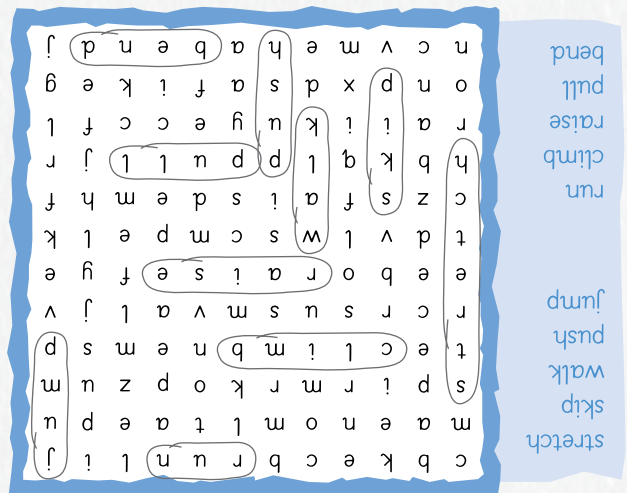
- slowly
quickly
quietly
suddenly
carefully
excitedly



12 Complete the adverbs.



11 Do a survival crossword.



9 Look and find.

10 Read and answer.

1 No, I didn't.
Did you go shopping this weekend?

2 Yes, I did.
And did you play football?

3 Yes, I did.
Did you go the park with your friends?

4 No, I didn't.
Um ... did you go to the funfair?

5 No, I didn't.
Did you eat at Burger Bomb this weekend?

6 Yes, I did.
Oh, did you eat at Pizza Palace this weekend?

7 No, I didn't.
And did you go to your uncle's house?

8 Yes, I did.
Did you visit your Grandad this weekend?



1. earring bracelet ring architect necklace
2. semaphore tent sign language Braille Morse code
3. origami raise stretch bend jump
4. water container compass mirror rope zig zag
5. doctor baker toe fisherman vet

18 Circle the odd one out.

My sister Muna a secretary is.
She working in an office. She works from 7 o'clock to 4 o'clock from Saturday to Wednesday.

Muna types letters and answers telephone. she works with lots of other secretaries.

Muna likes her job.

My sister

Muna likes her job.

She

answers the telephone

Wednesday

She works in an office.

My sister Muna is a secretary.

17 Read and correct.

1. teacher
2. engineer
3. policeman
4. nurse
5. dentist
6. astronaut
7. pilot
8. artist
9. secretary
10. journalist

twenty past 1



12

twenty to 5



11

half past 9



10

ten to 2



9

a quarter past 7



8

twenty five to 10



7

five past 6



6

3 o'clock



5

twenty five past 8



4

five to 12



3

a quarter to 4



2

ten past 11



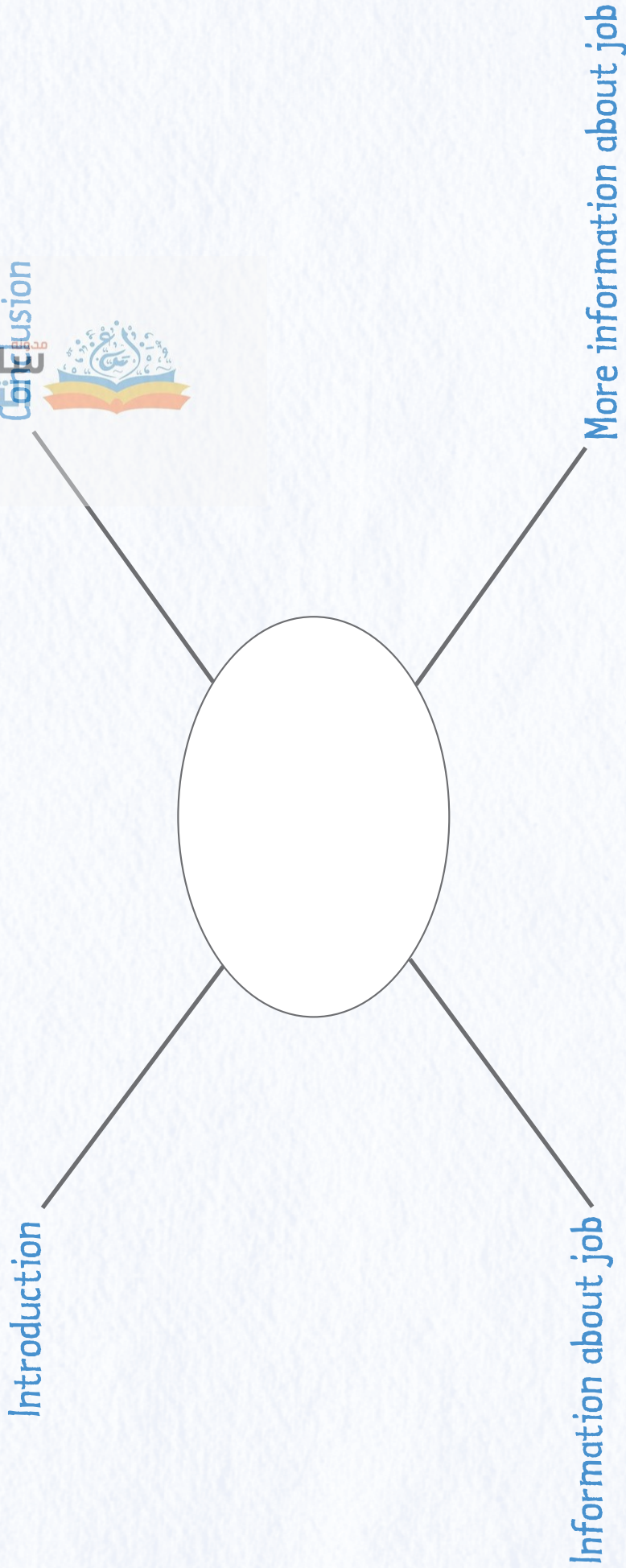
1

16 Find the job words.

15 Read and draw.



Planning your writing





Job questionnaire

مدونة
سلطنة عمان
التعليمية





FITNESS RECORD

At the beginning of the unit

1. Stamina

1. Pulse at rest

2. Pulse after 2
minutes' exercise

3. Pulse after 5
minutes' exercise



2. Strength

I can jump _____

3. Suppleness

I can touch _____



At the end of the unit

1. Stamina

1. Pulse at rest

2. Pulse after 2
minutes' exercise

3. Pulse after 5
minutes' exercise

2. Strength

I can jump _____

3. Suppleness

I can touch _____





Word stores

1. Alphabetical order

1 _____

2 _____

3 _____

4 _____

6 _____

7 _____

8 _____

9 _____

10 _____

11 _____

12 _____



2. Topics

3. Grammar groups

nouns

verbs

adjectives



How to make a sand painting

a

Decide what part of your picture you are going to colour first. Put some glue on this part of your picture and then pour some coloured sand onto the glue using a plastic spoon.



Draw a simple picture on a piece of paper.

c

When you have finished your picture, you can 'fix' the sand to the picture using hair spray or special artist's fixing spray.

d

Now pour some sand into an empty container. You can make containers of different coloured sand by adding food colouring or different coloured paints.

e

Now choose the next part of the picture that you want to colour with sand.







Make an origami frog



Project Record Sheet

Do an interview and write a job report.

Tick each stage of your project as you complete it.

☐

1. Who do you want to interview? Write their name here:

☐

2. Make a questionnaire for your interview.

☐

3. How will you record the information from the interview?

Will you use a tape recorder or camera?

Will you write the answers on the questionnaire or in your exercise book?

Write your ideas here:

☐

4. When and where will you do your interview? Write your ideas here:

☐

5. Plan the information for your job report.

☐

6. Write the first draft of your job report.

☐

7. Ask your friends to check your writing.

☐

8. Make any changes to your writing.

☐

9. Add any pictures to your job report. Display your work.

☐

10. Finally, store your work in your portfolio.





Project Record Sheet

Find information and pictures about an Omani Craft.

Tick each stage of your project as you complete it.

☐

1. Write the name of the Omani craft you have chosen to research here:

☐

2. Write some ideas about where you will find information and pictures for your project here:

☐

3. Decide how you will present your information.

☐

4. Write where you will keep the information and how you will check on your progress here:

☐

5. Organise the information and pictures about the Omani craft you have chosen to research. Draw any extra pictures you may need.

☐

6. Follow the writing route to write your e-mail and information text.

☐

7. Ask your friends to check your writing.

☐

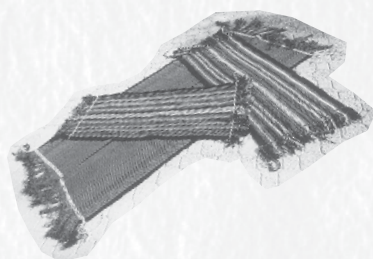
8. Make any changes to your writing.

☐

9. Add your pictures to your information text and e-mail. Display your work.

☐

10. Finally, store your work in your portfolio.

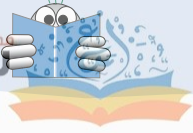




My English Portfolio

Name Date

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الانجليزية لأجلي
كتاب المهارات
للمصف السادس
EFM SB
6A

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